What humans are conscious of in their everyday life insofar as: times, places, events, people, objects, situations in regards to Memory-is what people normally think of what Memory is. This is one aspect of Memory called Conscious Memory, their exist Memory, or stored data which is outside of the everyday awareness of human beings only because it is not needed for survival. You don't think unconscious Memory is a thing? Take for example, Genetics. Genetics is the bodies ability to remember the certain sequence of amino acids that lead to adaptations to better functions in a given environment, Genes are passed down through generations, this is a type of Genetic Memory that we can see the result of, but we are not conscious of how it is working us. Thus, there is a store house of unconscious data held in the Memory banks of human beings.

Humans generally pay no attention to the ability to remember, it is used with no consciousness or intelligence. The ability to remember is not a random thing, no is it something to suffer. The profound power to remember is the ability to tap into a Universal Storehouse of Knowledge, because as I have said, most information is outside of your current awareness, all it takes is to remember what is already there to bring into your view deeper aspects of Life. Memory is the access code to the storehouse of data which has been recorded since the beginning of the creation of the human body, the body via its electromagnetic field and the senses are constantly 'aware' of the environment and automatically record all data.

For example: mementos-these are forms, or objects which bring out certain memories just by seeing the object. This happens because the senses and emotions are automatically recorded and the object is the Key to access that particular Time and Space and Emotion which was recorded, the more time you spend with something, the more likely you are to remember it based on certain triggers, objects are only one type of trigger which can be used to access memory. In fact, objects or forms can be used to bring out memories which deal with the very nature of Life beyond the social and mundane human affairs. I have shown you that humans record data of their situation when they spend enough time with it via the senses and the emotions, emotions cause a stronger link to memories, because the data is always being recorded then this means all data which has been recorded since the beginning of the human body is present in an unconscious state. And because mementos can bring out memories, thus forms or objects can induce a flood of unconscious memories, some memories take longer than other to remember. Some other triggers for memories are sounds, sights, touches, smells, etc. All senses and emotions are capable of inducing a remembrance of Time and Space, Time and Space are the location and the Time of the point in which things were recorded. It has been shown that the human ability to remember is a profound key to the database of knowledge.

Memory is not just information, it is also physical. Genetic Memory is the physical alteration caused by Memory, thus it is possible to reprogram your very genes by certain types of Memory Knowledge. Muscle memory is the physical adaption to a new stressor, muscles remember the exact type of stress and adapt to suit it, thus it is possible to also use muscles to induce memories. Muscles can remember, thus their is a type of data stored in them which runs as a program to which they apply to their cells and thereby change because of it, hence it is possible to tap into this data. It is then possible not only to use the body to remember, but it is also possible to program the body with memory so you can even do things with your muscles that you could not do before, simply because you have forgotten they can work that way. There already exists sciences of triggering memories.

Sounds, cultures use the Names of God, chants, or instruments. For example, the word Aum. Aum is usually said when someone is talking "umm...what is it again?" Aum is a naturally occurring sound which is the key to certain knowledge by triggering a memory. Symbols, symbols are used to stir up memories, as I have said, mementos are forms which can be used to induce a flood of human-event related memories. Thus forms, symbols, geometry, places, people can induce memories. This can be used to know things such as Music, Mathematics, Art, Grammar, Logic, etc. The creation of Deities is the scientific way of forming a Image that is used to bring out knowledge, this is because what human call Knowledge is the learning of information, and learning only occurs within, such things like Art, Music, etc are not New, they are already existent information that the universe knows. Taste, touch, smells, all of these things can be used on a deeper more profound level. Yoga poses are the science of using the body to remember.

I have so far shown you, how memory can be used in a scientific manner as to bring unconscious memory to conscious awareness, because all data is has been stored since the beginning of the formation of the human body, it is possible to know the origin of the body by remembering, I have shown to you a way as to access a database of Knowledge which spans more than just mere information but physical alterations. Memory is stored as electrical patterns, these patterns cause -when something is remembered- the same neuronal mechanism as an epiphany, the electrical pattern excites neurons in a specific way as to link together diverse parts of the brain, the pattern induces a releases of neurotransmitters that give the feeling of the epiphany while connecting the brain into the pattern of that memory. What humans call the Mind, or the Memory aspect of the Mind is just the ability to tap into the database of all knowledge which manifests in the brain only when one becomes conscious of it. Conscious Memory is normally thought about as the ultimate and "all there is to it", when the opposite is true. Most humans suffer their memory, and pay no attention to it and 99.9% of data is actually in their conscious perception.

It is time we shift from our current social mindsets to a profound understanding of the human being, it is time we use the tools such as Images, Sounds, etc to gain untold knowledge which can be used to further advance the species in way that we have no imagined. I have given you a introduction to Memory, its uses, what it can do, what it is and how to use it. I have shown you the door to where lies all Knowledge of the Human Being. It is up to you to make use of it.