

# A BOUND FOR THE ISOTROPIC CONSTANT

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ABSTRACT. We obtain a dimension independent bound for the isotropic constants for the convex bodies.

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## 1. INTRODUCTION

The isotropic conjecture or the Bourgain's slicing problem asks the existence of a following universal constant  $c$ .

**Theorem 1.1.** *There exists an affine hyperplane  $H$  and an universal constant  $c$  such that*

$$m_{n-1}(H \cap K) > c,$$

for convex bodies  $K$  of unit volume.

A classic reference for these kind of questions is [9]. More recently the claim is already proved up to a polylog with very modern methods [6]. Those methods were introduced in the groundbreaking work by Chen [5]. The entries of the covariance matrix of a convex body  $K$  are defined as

$$(a_{ij}) = \frac{\int_K x_i x_j}{|K|} - \frac{\int_K x_i}{|K|} \frac{\int_K x_j}{|K|}.$$

We define the isotropic constant of any convex body  $K$  in scaling invariant way using

$$L_K^{2n} := \frac{\text{Det}(\text{Cov}K)}{|K|^2}.$$

The isotropic position is a position, when the covariance matrix is diagonal and all the diagonal entries are the same. Moreover, it is assumed that the volume is unit. This kind of position exists [9]. Another position that always exists is the John's position. It is the position of a convex body, where the minimal circumscribed ellipsoid is the unit ball. We prove the Bourgain's slicing conjecture by proving an universal upper bound for the isotropic constant.

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## 2. PREVIOUSLY KNOWN RESULTS

For any measurable set  $A$  we let  $|A|$  be the  $n$ -dimensional Lebesgue measure. The inner volume ratio for a convex body  $K$  is defined as

$$ivr(K) := \min_T (|K|/|T(B_n)|)^{1/n},$$

where  $T$  is an affine map,  $B_n$  the standard unit ball and  $T(B_n) \subset K$ . The outer volume ratio for a convex body  $K$  is defined as

$$(2.1) \quad ovr(K) := \min_T (|T(B_n)|/|K|)^{1/n},$$

where  $T$  is an affine map,  $B_n$  the standard unit ball and  $K \subset T(B_n)$ . Ball [2] and Barthe [4] proved using the Brascamb-Lieb [8] and reversed Brascamb-Lieb [4] inequalities, respectively, that in the non-symmetric case  $ivr(K)$  and  $ovr(K)$  are maximized when the convex body  $K$  is the standard simplex  $S_n$ . Moreover, in the symmetric case  $ivr(K)$  is maximized when  $K$  is the cube  $C_n$  and  $ovr(K)$  is maximized when  $K$  is the crosspolytope  $CP_n$ . The extended Khinchine inequality says that for any convex bodies

$$(2.2) \quad \left(\frac{1}{|K|} \int_K |x_i|^2 dx\right)^{1/2} \leq C \frac{1}{|K|} \int_K |x_i| dx.$$

A proof can be found in [7].

## 3. THE PROOF

First we show a key fact.

**Theorem 3.1.** *Let  $K$  be a convex body of unit diameter in John's position. Then*

$$|K|^{1/n} \geq c'(n!)^{1/n} > cn^{-1}.$$

*Proof.* For  $K'$  in John's position we have that  $K' \subset B(0, 1)$ . So for the diameter  $d$  we have that

$$1 \leq d \leq 2.$$

Moreover, via (2.1) we have that

$$\frac{|B(0, 1)|}{|S_n|} \geq \frac{|B(0, 1)|}{|K'|}.$$

So

$$\frac{1}{|S_n|} \geq \frac{1}{|K'|}.$$

Thus,

$$|S_n| \leq |K'|.$$

Now, the diameter of  $K$  was the unit. So we have

$$|S_n| \leq 2^n |K|.$$

Thus,

$$(3.1) \quad |S_n|^{1/n} \leq 2|K|^{1/n}.$$

Now, we just need to calculate the volume of the standard simplex  $S_n$  in John's position. We have that

$$(3.2) \quad |S|^{1/n} > Cn^{-1},$$

where  $C$  is an universal constant. So combining (3.1) and (3.2) gives us the claim.

□

We will also need the lemma showing the essential monotonicity of the means.

**Lemma 3.2.** *Let  $K$  be a convex body. If  $\|x\|_2 \leq a$  then*

$$\int_K \frac{\sum_{i=1}^n |x_i| dx}{n|K|} \leq C \int_{B(0,a)} \frac{|x_i| dx}{|B(0,a)|}.$$

*Proof.* We have

$$\int_K \frac{\sum_{i=1}^n |x_i| dx}{n|K|} \leq \int_K \frac{\sqrt{n}\|x\|_2 dx}{n|K|} \leq \frac{a}{\sqrt{n}}.$$

On the other hand we have

$$\int_{B(0,a)} \frac{|x_i|_2 dx}{|B(0,a)|} = \int_{B(0,a)} \frac{\|x\|_2 dx}{\sqrt{n}|B(0,a)|} = \frac{an}{(n+2)\sqrt{n}}.$$

□

The following theorem is the key theorem.

**Theorem 3.3.** *Let  $K$  be a convex body in a scaled John's position such that*

$$(3.3) \quad \int_K \|x\|_1 dx = |K|.$$

*Then it holds in a scaled John's position that*

$$(3.4) \quad \int_K \frac{\frac{1}{n} \sum_{i=1}^n |x_i| dx}{|K|^{1+1/n}} \leq C.$$

*Proof.* We notice that the diameter of  $K'$  must be greater than a constant. Assuming that  $\|x\|_2 \leq a$  we have from the essential monotonicity of the means (3.2), Jensen and from the parallelogram law that

$$\frac{1}{n^2} = \left( \frac{\int_{K'} \sum_{i=1}^n |x_i| dx}{n|K|} \right)^2 \leq \frac{C \int_{B(0,a)} |x_i|^2 dx}{n|B(0,a)|} = \frac{Ca^2}{(n+2)n}.$$

Then little algebra gives us

$$a > c.$$

*Remark 3.4.* It's clear that the position (3.3) exists because the average can be the unit.

So we have from theorem 3.1 that

$$(3.5) \quad |K|^{1/n} \geq c'n^{-1}.$$

Thus, we have

$$\begin{aligned} & \int_K \frac{\frac{1}{n} \sum_{i=1}^n |x_i| dx}{|K|^{1+1/n}} dx \\ & \leq cn \int_K \frac{\frac{1}{n} \sum_{i=1}^n |x_i| dx}{|K|} dx \\ & = c, \end{aligned}$$

where we used the inequality (3.5) and the assumption (3.3). □

We can assume that the covariance matrix is diagonal, because it is real and symmetric. So it can be diagonalized by an orthogonal matrix. Because  $K$  is centralized, we have

$$(a_{ij}) = \frac{\int_K x_i x_j}{|K|}.$$

Moreover, we assume  $K$  is in a John's position. We have

$$\begin{aligned} L_K &= \left( \prod_{i=1}^n \int_K \frac{x_i x_i dx}{|K|^{n+2}} \right)^{1/(2n)} \\ &= \prod_{i=1}^n \left( \int_K \frac{|x_i|^2 dx}{|K|^{n+2}} \right)^{1/(2n)} \\ &\leq \prod_{i=1}^n \left( C \int_K \frac{|x_i| dx}{|K|^{n+1}} \right)^{1/n} \\ &\leq \frac{C}{n} \sum_{i=1}^n \int_K \frac{|x_i| dx}{|K|^{n+1}} \\ &\leq C, \end{aligned}$$

where we first used the extended Klitchine's inequality (2.2), then we used the GM-AM inequality and lastly we used the theorem 3.3, respectively. It's clear that the inequality (3.4) is scaling invariant. This ends the proof of the theorem 1.1.

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