

An Alternative Explanation for the Success of Western Civilization.
Histamine vs Serotonin Biochemistry as a Creativity Pump.

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The location of Western Civilization defined nations in Europe and the United States within the largest global pollen environments on the planet is proposed as a key factor leading to their success. Environments with changes in pollen cause large up and down changes in serum histamine directly causing reductions and increases in brain serotonin i.e., a larger “serotonin slope,” linked to higher levels of creativity. The pollen ecosystem in northern latitude nations is thus considered the hidden driver of the success of these populations as the biochemical interaction between histamine and serotonin leads to a “creativity pump” that is the fundamental driver of intelligence in micro and macro human populations.

“Other, less abstract approaches to improving creativity center around the importance of serotonin. According to research... serotonin levels are tied to creativity... a gene pertaining to serotonin, known as TPH1, is associated with “figural” creativity — or creativity regarding shapes, diagrams, and drawings.”

-- Jandy Le and Michael Xiong – The Scientific Origin of Creativity (2019)

Historians have attempted to identify the causes for the success of “Western” nations over other regions of the world especially as it relates to the accumulation of technology and knowledge and their eventual power in the modern world. False factors like race or religion and physical factors like geography, weather, and even luck (which do have their place) have all been part of the analysis. But, perhaps, there is another factor that observational data appears to support. Taken as a given that increased changes in brain serotonin correlate with increased creativity, then regions of the globe with increased pollen density will lead to increased up and down changes in serum histamine that will thus also lead to increased changes in brain serotonin (a larger “serotonin slope”) and thus, possibly, create an unseen, if not unrealized, benefit of an environment situated for improved creativity. We thus have perhaps an additional driver behind the success of specific nations of the world and even aggregate modern human history.

One could even speculate that the very act of domestication into living areas e.g., caves, dwellings, etc. began the initial “serotonin slope” leading to the origination of human intelligence. The increased evidence for intelligence in domesticated dogs would further reinforce this proposal.

An argument can be made that any correlation between pollen level and societies is a result of coincidence as societies could, over time, tend to settle in areas where agriculture would flourish e.g., warm temperate forests or temperate forests (**Fig. 1**), however human beings did not originate from these areas, and we evolved and migrated from the Africa tropics.

Recent research including maps of present day and historical pollen density match the proposed theory. Manuel Chevalier et al. in their 2020 paper *Pollen-based climate reconstruction techniques for late Quaternary studies from Earth-Science Reviews* includes a map of different pollen samples (**Fig. 2**) that shows a frequency distribution whose density is nearly identical to that of the map of powerful modern nations including the United States, Canada, Europe, China, and Japan. Their work also includes a map of and historic pollen records again with densities or locations correlating to the proposed model (**Fig. 3**). Note the mapped correlation to modern nation-states with the greatest technology, industry, and success.

Kuan-Wei Chen et al in the 2018 edition of the International Archives of Allergy and Immunology included a global map of ragweed in their paper *Ragweed Pollen Allergy: Burden, Characteristics, and Management of an Imported Allergen Source in Europe*. Again, we see the location and density of an example pollen, in this case fall ragweed, correlating to nations that are major modern and technological world powers (**Fig. 4**).

Jonathan Storkey et al in the 2014 edition of PLoS ONE paper called *A Process-Based Approach to Predicting the Effect of Climate Change on the Distribution of an Invasive Allergenic Plant in Europe*, show a map of even greater detail in central Europe noting density of ragweed (**Fig. 5**). This same map overlaid on a

modern political map of Europe (**Fig. 6**) shows a significant association with pollen density and the major cities known as the “intellectual capitals” of Europe including Paris (Picasso and many others **Fig. 7**), Vienna (Kurt Gödel and many others **Fig. 8**), Budapest (John Von Neumann), Munich (Albert Einstein), Salzburg (Mozart), Milan, (Da Vinci and many others **Fig. 9**) Geneva, etc. Cities, especially on the border of the dense ragweed pollen regions, would have the largest “serotonin slopes” and thus produce individual and aggregate populations, as noted, with higher levels of creativity and intellectual performance (**Fig. 10**).

One may argue that other ancient river-based civilizations like ancient Egypt, Inca, Mexico, Babylon, Angkor Wat, etc. also had complex societies with intellectual achievements, however those civilizations took hundreds and thousands of years to mature and develop while the increase in intellectual creativity and innovative and thus technology and power of modern “Western Civilization” nations and China and Japan (**Fig. 11**) moved and an exponentially higher rate of growth by comparison. This paper attempts to explain the cause of that rate of intellectual and technological advancement via the environmental and human biochemical mechanism and thus unbeknownst location driven accident. In summary, the biochemical interaction between histamine and serotonin leads to a “creativity pump” that is the fundamental driver of intelligence in micro and macro human populations.

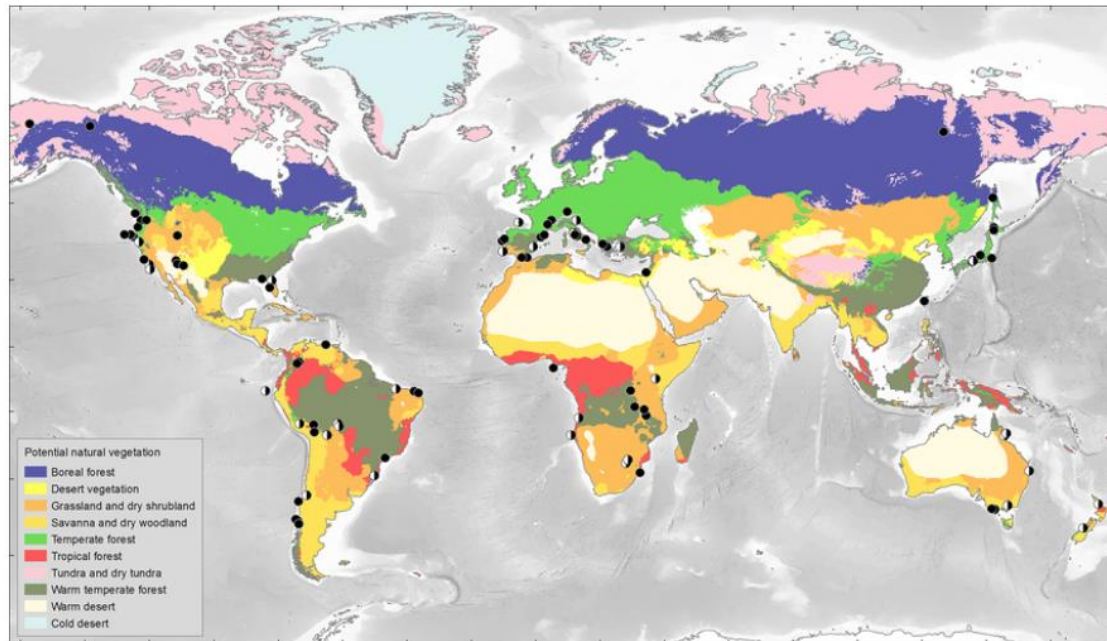
From the perspective of an applied approach to this theory, a mild antihistamine taken any time of the year like chlorphenamine (a mild SSRI with an over-the-counter cost of about a tenth of a penny) if taken every other day, or perhaps for a few days on and then a few days off, to induce or stimulate the up-and-down “serotonin slope” (compare as an analogy versus Tesla’s back and forth alternating current (AC) used for electric power generation), may be just enough varying change in brain serum serotonin to simulate a similar histamine/serotonin “creativity pump” in any person’s brain similar to that observed in nature and described in this paper. One might even speculate as to the benefit of humans living or working in high-rise or top floor skyscrapers (or castles) as beneficial to creativity as the literal change from a low environment, surrounded by pollen, to the high region, away from allergens, could also create a similar, if not mild, “creativity pump.” A similar scenario might be on-and-off exercise intervals that boost serotonin.

One might speculate further noting the interesting correlation between the location of the first works of human art or drawings and jewelry in the Blombos Cave in South Africa and its location having very high density of pollen per fossil record data (**Fig. 12-14**). Per the described model, it does not matter if ragweed and humans both “prefer” areas that are low, moist, and near bodies of water. The point is that as soon as early humans migrated and settled in those pollen (thus histamine and serotonin) dense regions, that the brain spark from the “serotonin slope” leading to creativity begins. Note that fossil records show dense pollen in Africa primarily in two areas: in South Africa and Tanzania (**Fig. 14**). Thus, it should come as no surprise that in the Blombos Cave near Cape Town in South Africa, we see the very first cave drawings and jewelry i.e., brains using analogy and creativity (**Fig. 15**). To summarize, humans originate in Botswana and migrate to the low wet water plentiful areas (**Fig. 13**). They domesticate (in the sense of sheltering from their environment) and they also change environments to one where their immune systems are not familiar (traveling adults), and they encounter unfamiliar weeds with pollen. This caused the biochemical histamine reactions and, thus, the discussed up-and-down changes in brain serum serotonin and thus human creativity is born.

In conclusion, if this described model does represent the mechanism for creativity in brains (in essence intelligence) then further researchers can “fine tune” the details. They can identify exactly how much serotonin change is needed, and over how much time, for “sparks of creativity” to occur and exactly how the deeper process works. Then they cannot only optimize the technique - envision one million students taking 1 mg of chlorphenamine every other day boosting grades - they may also now finally understand (monitor via PET scans and real-time functional MRIs) how the complete brain and broader intelligence fully works. In essence, this model can be a spotlight or “step in the right direction” to then lead to the actual reverse engineering of the human brain, and all its functional areas via these histamine and serotonin interactions, and thus gain additional or critical progress toward the creation of true general artificial intelligence machines.

Figures

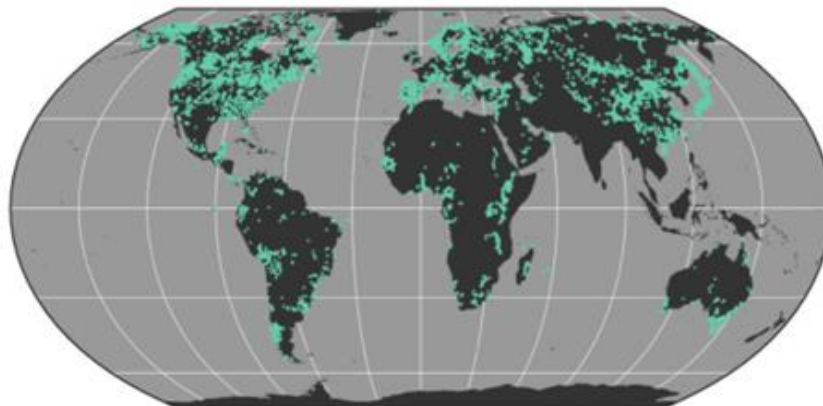
Fig. 1.



Map with location of the 93 marine and terrestrial pollen sites covering part of or all the last glacial period (MIS 4, 3 and 2). Sites have better resolution than 1 sample per 1000 years. Present-day potential natural vegetation after Levassasseur et al. (2012).

Source: https://www.researchgate.net/figure/Map-with-location-of-the-93-marine-and-terrestrial-pollen-sites-covering-part-of-or-all_fig2_319631062 retrieved October 24, 2021.

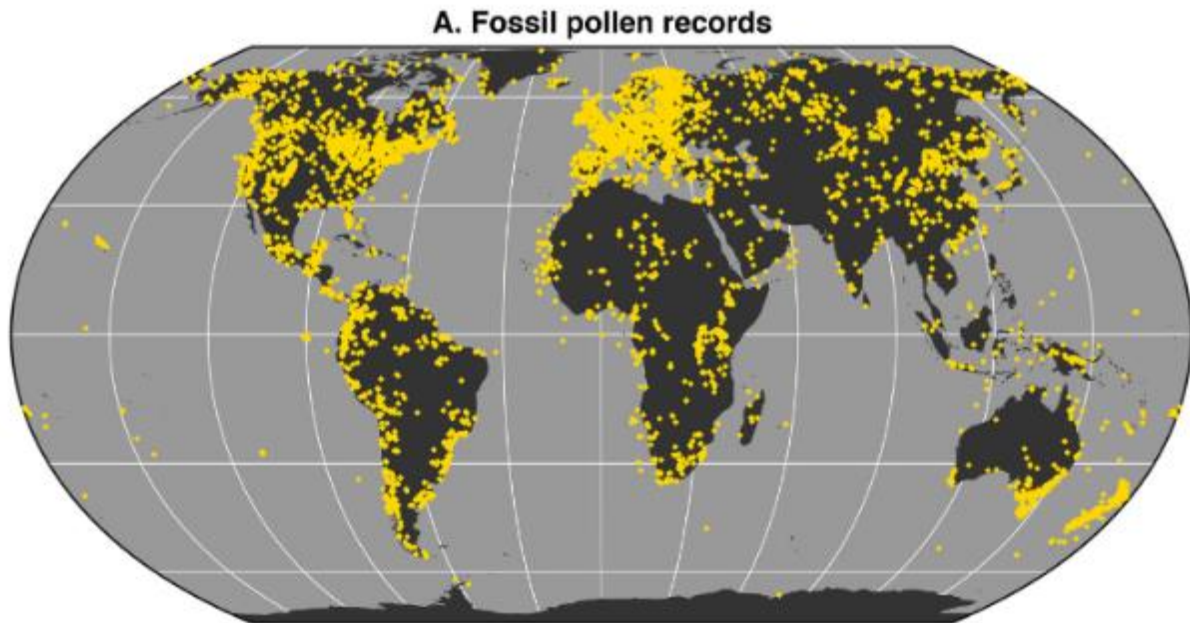
Fig. 2.



Map of modern pollen samples available from numerous public databases and studies (Cao et al., 2014; Davis et al., 2020; Flantua et al., 2015; Fletcher and Thomas, 2007; Gajewski et al., 2002; Herbert and Harrison, 2016; Montade et al., 2019b; Montade et al., 2019b; Whitmore et al., 2005; Williams et al., 2018a). The map is based on the 'Equal Earth' map projection to better represent the relative sizes of the different continents (Šavrič et al., 2019).

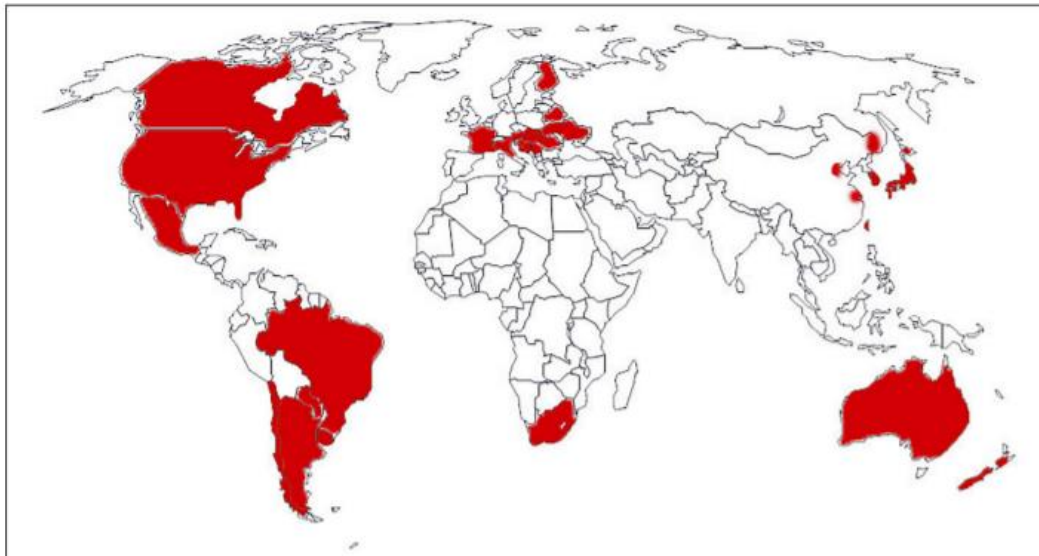
Source: <https://www.sciencedirect.com/science/article/pii/S001282522030430X> retrieved October 24, 2021.

Fig. 3.



Source: <https://www.sciencedirect.com/science/article/pii/S001282522030430X> retrieved October 24, 2021.

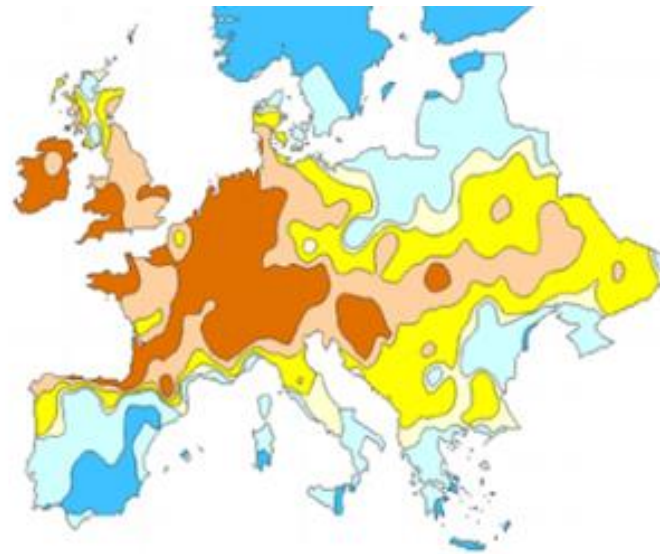
Fig. 4.



Worldwide distribution of ragweed. Ragweed occurrence has been reported in different countries (red) in North America (Canada, the USA, Mexico), South America (Brazil, Uruguay, Paraguay, Argentina, Chile), Europe (Hungary and neighboring countries, Italy, France, Finland), Africa (South Africa), Asia (Japan, South Korea, China), Australia and New Zealand.

Source: <https://www.karger.com/Article/Pdf/487997> retrieved October 24, 2021.

Fig. 5.



Distribution of *Ambrosia artemisiifolia*
(common ragweed) in Europe

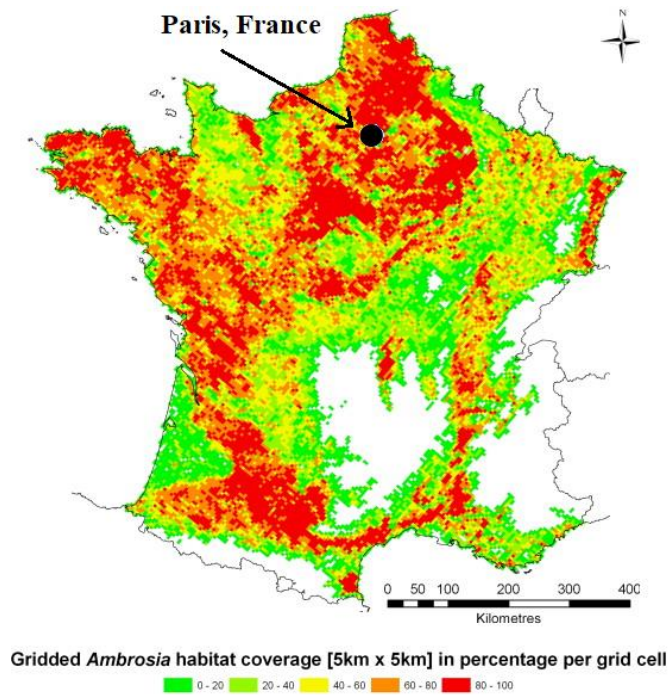
Source: https://www.researchgate.net/figure/Distribution-of-Ambrosia-artemisiifolia-common-ragweed-in-Europe-under-climate-change_fig3_260214135 retrieved October 24, 2021.

Fig. 6.



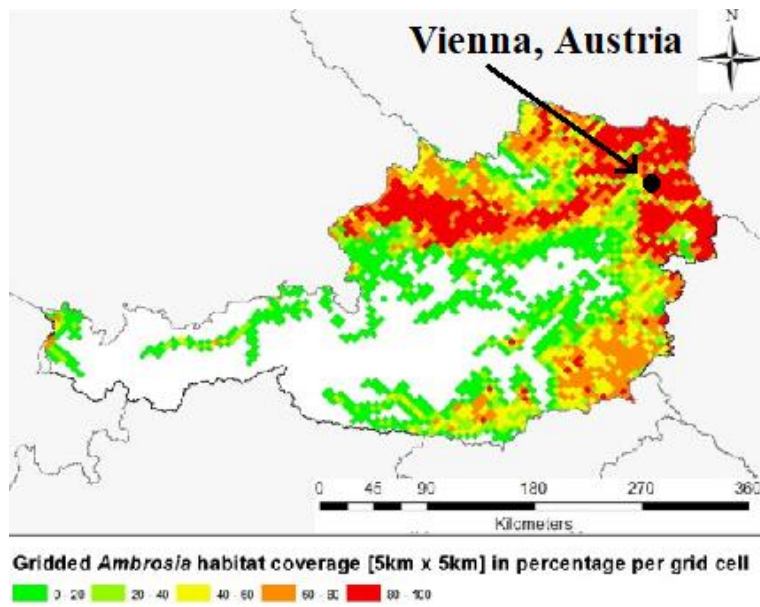
Source: https://www.researchgate.net/figure/Distribution-of-Ambrosia-artemisiifolia-common-ragweed-in-Europe-under-climate-change_fig3_260214135 retrieved October 30, 2021.

Fig. 7.



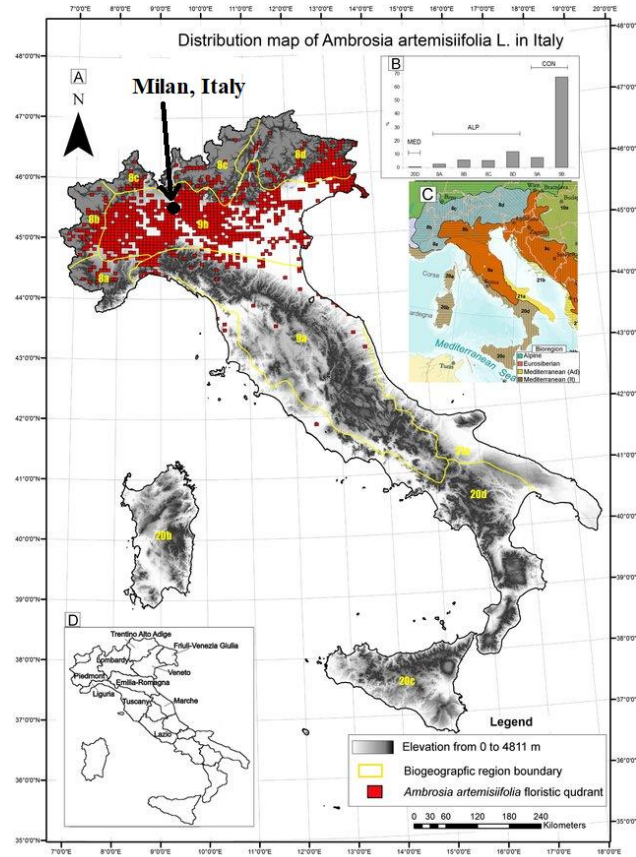
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Fig. 8.



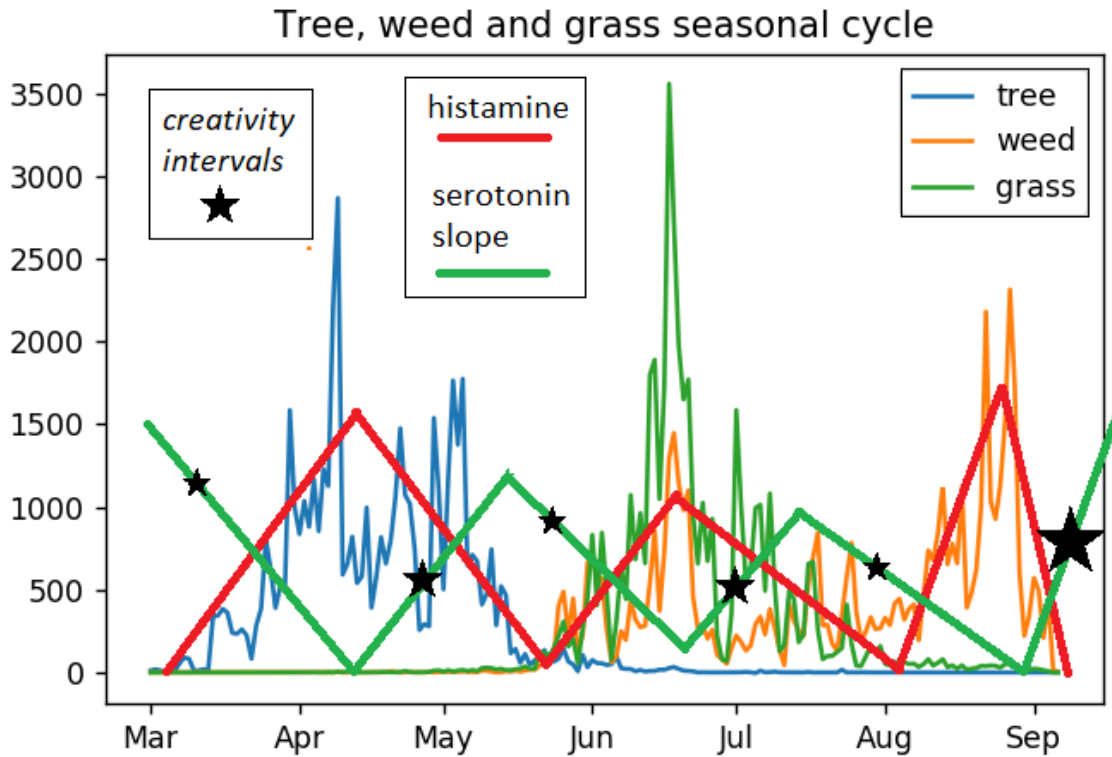
Source: <https://www.sciencedirect.com/science/article/abs/pii/S0048969715003927?via%3Dihub>

Fig. 9.



Source: <https://www.semanticscholar.org/paper/Ambrosia-pollen-source-inventory-for-Italy%3A-a-tool-Bonini-%C5%A0ikoparija/fcb12bb98b4d0f43ed7afe4158af83157944481>

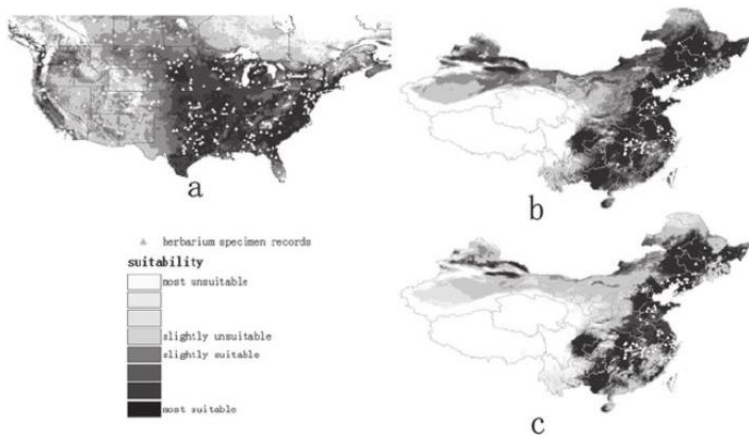
Fig. 10.



Source:

https://www.researchgate.net/publication/329669438_choo_Tracking_Pollen_and_Hayfever_in_the_UK_Using_Social_Media/figures?lo=1 retrieved October 30, 2021.

Fig. 11.



Figure

Caption

Fig. 2. Habitat-suitability maps for ragweed in both native and invaded ranges. Darker shading indicates greater confidence in the prediction of presence. The map shows logit thresholds derived from the native herbarium specimen records (a and b) and invasive herbarium specimen records(c).

Source: https://www.researchgate.net/publication/227133725_Developing_Habitat-Suitability_Maps_of_Invasive_Ragweed_Ambrosia_artemisiifolia_in_China_Using_GIS_and_Statistical_Methods/figures?lo=1

Fig. 12. Location of first drawings and jewelry from ancient humans in South Africa.



Cave yields 'earliest jewellery'

By Jonathan Amos
BBC News Online science staff

The oldest pieces of jewellery made by modern humans have emerged in Africa.

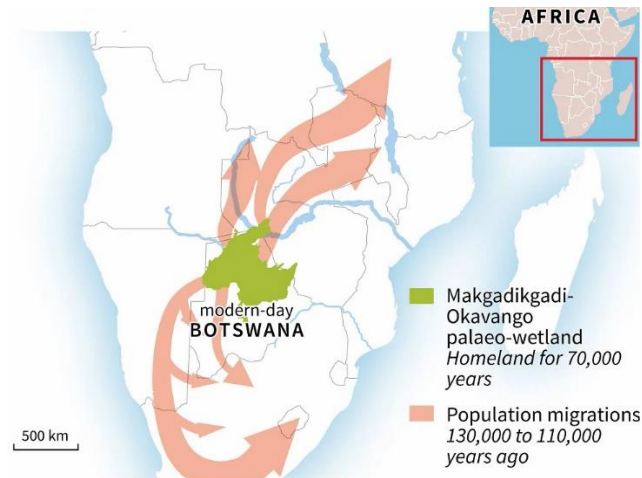
Shell beads found in Blombos Cave on the southern tip of the continent are 75,000 years old, scientists say.



Source: <http://news.bbc.co.uk/2/hi/science/nature/3629559.stm>

Source: <https://www.independent.co.uk/news/science/archaeology/oldest-drawing-ever-south-africa-blombos-cave-art-hashtag-rock-ochre-a8534696.html>

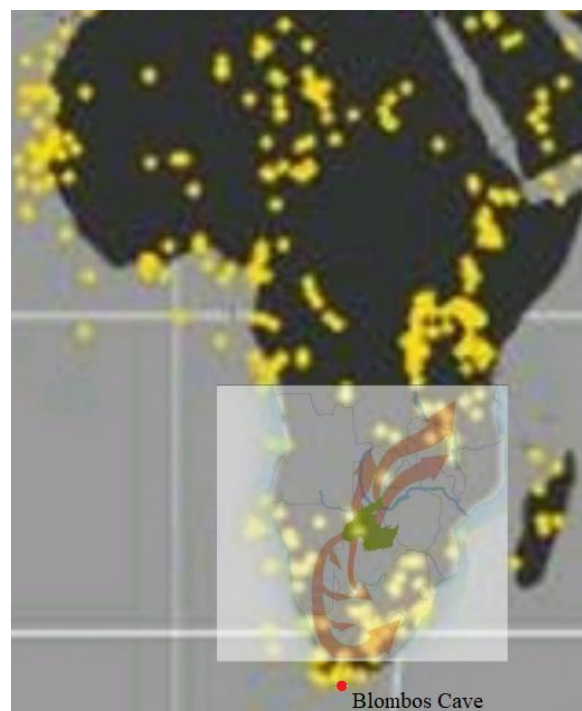
Fig. 13. Ancient human migrations from origins in central Africa.



Modern humans emerged 200,000 years ago in a region of northern Botswana, scientists claimed Monday, in what appeared to be the most precise location of mankind's "ancestral homeland" yet discovered.

Source: <https://en.prothomalo.com/science-technology/Humanity-s-homeland-found-in-ancient-Botswana>

Fig. 14. Overlay of human migration and fossil record locations of pollen in Africa.



Source: <https://en.prothomalo.com/science-technology/Humanity-s-homeland-found-in-ancient-Botswana>

Source: <https://www.sciencedirect.com/science/article/pii/S001282522030430X>

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