

Before it is possible to understand what the Mind can do in its entirety, one must first realize they have a Soul, if you do not realize you have a Soul yet then the Powers of the Mind are inconsequential to you, the reason for this is because when I speak of the 'Mind' I mean the power it can do and how it is done in order for one to Understood or to know Truth. The Mind cannot know Truth because: first, it is not a living thing, secondly, because it is a tool or a technology and thirdly, because it is the intermediate between the Soul and the Body. Neither the Body nor Mind can know Truth as they are incapable of Understanding Unity which is the embodiment of Truth, only the Soul can know unity because it is already unified to all things. The Mind nor the Body are even capable approaching of what we call 'Understanding', this is a power that belongs to the Soul, however, the Mind (since it is the medium between Soul and Body) can be used as a means to reach that state. When I say "Understanding" I mean what are called 'Epiphanies' those are also called "Spiritual Realizations" for they embody a totality of something rather than bits and pieces of things. In so far as how this process occurs I can relate it to you.

In order for the Soul to be capable of Understanding it must first grasp or grab the objects of the Universe, there is a series of steps which one goes through in order for this to happen. It begins with the Body, specifically the Sense organs: the senses perceives external visible phenomena and those objects, if the persons attention is keen enough, will transform into mental objects. Sometimes it takes one person more time than another for this to happen, in order for the perceived objects to transform into mental objects it must be stored in the Memory. Once those objects are stored in the Memory and are Mental Object then the Imagination, or a better term "Creativity", (this is a better term because what we call 'Memory' and what we call 'Imagination' are the same power, but I will use the term Imagination) is able to view those objects from several different angles and combine them with other mental objects that have similar traits, this processes is called 'Contemplation' and is supplemented by 'Attention' or 'Focus'.

When the Imaginative power takes all similar mental objects and groups them into a single thing this is called an "Idea", Ideas encompass a whole because the Mind is more apt to be able to categorize things by patterns and in doing so is able to process these patterns as a single object thus Ideas are analogous to an 'Encyclopedia. Once this happens the Ideas are stored in the Memory as abstract forms, they are abstract because the forms will have no logical basis if they were to be physically projected, and since the Mind does not rely on physical based laws. Once these abstract forms or Ideas has taken root in the Memory than an Epiphany occurs, or a Realization. Not all Realizations or Epiphanies are Spiritual, it is only when one Contemplates the essences of things by the process I just explained to you can you have a Spiritual Realization. When an Epiphany occurs there is an actually physical manifestation in the brain, the brain connects various unrelated neurons to each other. This is because the method of having Epiphanies is grouping seemingly unrelated thing into a single thing mentally, the reason why I say they are seemingly unrelated is because the senses cannot readily see the inherent unity of Nature. When one does this process with certain forms then the idea is of a technological device occurs, when it is done with numbers it its a mathematical device, when it is done with images then it is an artist device, when it is done with essences of things then the Truth is revealed. The Soul can grab onto the essences of things via the Mind because the essence of things are the most subtle aspect of the physical reality.

I hope I have made it clear to you what the Mind can do, it is a linear and straight forward science so I have no idea why so many people are confused as to what it can do or what it is.