# The Attention Hijacking Effect: A Theoretical Examination of Attention Allocation in an Information-Overloaded Society

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### Abstract:

The Attention Hijacking Effect (AHE) theory, recently posited in empirical studies, offers a fresh perspective on attention allocation, specifically in the context of news consumption. This paper undertakes a comprehensive examination of the AHE theory, positing that attention devoted to personal matters tends to be sustained over extended periods, while attention towards societal issues and news is often fleeting. The paper explores the roots of the AHE theory in existing models of attention, its theoretical underpinnings, potential implications, and potential avenues for future research. This theoretical exploration contributes to the scholarly dialogue on attention allocation in information-saturated societies.

### Introduction:

In the context of the modern information landscape, characterized by an overwhelming amount of news and information, understanding how attention is allocated becomes crucial. This paper delves into the Attention Hijacking Effect (AHE) theory, which offers a unique perspective on attention allocation in the context of news consumption. The AHE theory suggests that attention given to personal matters is sustained over time due to their direct relevance to an individual's life, whereas attention towards societal issues and news tends to be fleeting, as they are often seen as peripheral to personal life.

# Theoretical Underpinnings:

The AHE theory aligns with existing attention models, including Broadbent's (2013) Filter Model of Attention and Lang's (2000) Limited Capacity Model of Motivated Mediated Message Processing. However, the AHE theory adds a unique dimension by specifically addressing the transitory attention dedicated to societal issues and news, a factor not explicitly addressed by its predecessors.

### Implications of the AHE Theory:

Understanding the fleeting nature of public attention towards news and societal events, regardless of their magnitude or societal impact, presents a critical challenge for media, education, and public policy. The AHE theory could inform strategies to increase public engagement with important societal issues by making them personally relevant.

# Limitations and Future Directions:

While the AHE theory offers a fresh perspective, it is not without limitations. The theory primarily leans on the dichotomy of personal and societal matters without considering the complex interplay between the two. The transience of attention to societal matters may not apply uniformly across different demographic groups or cultural contexts. Future research should explore these dynamics in depth and refine the AHE theory accordingly.

# Conclusion:

The Attention Hijacking Effect theory offers a unique perspective on attention allocation, specifically in the context of news consumption in an information-overloaded society. Although in its nascent stage, it provides a robust theoretical basis for future empirical studies to deepen our understanding of attention allocation dynamics. The AHE theory holds potential implications for fields such as media, advertising, education, and public policy. However, the theory invites further refinement and empirical validation to establish its efficacy fully.