

# A BOUND FOR THE ISOTROPIC CONSTANT IN THE SYMMETRIC CASE

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ABSTRACT. In this preprint we will prove an explicit bound for the isotropic constant in the symmetric case.

## 1. INTRODUCTION

We say that a convex body  $K$  is centralized, if

$$0 = \int_K \langle x, \phi \rangle,$$

for all  $\phi \in S^{n-1}$ . The entries of the covariance matrix of a convex body  $K$  are defined as

$$(a_{ij}) = \frac{\int_K x_i x_j}{|K|} - \frac{\int_K x_i}{|K|} \frac{\int_K x_j}{|K|}.$$

We define the isotropic constant of any convex body  $K$  via

$$L_K^{2n} := \frac{\text{Det}(\text{Cov}K)}{|K|^2}$$

[2]. We define the polar of  $K$  as

$$K^\circ := \{x \in \mathbb{R}^n \mid \langle x, y \rangle \leq 1 \text{ for all } y \in K\}.$$

The Mahler volume  $s(K)$  of  $K$  is defined as

$$s(K) := |K| * |K^\circ|.$$

We say that the convex body is in isotropic position if it is centralized and the covariance matrix is a constant times the unit matrix. This kind of position exists [4]. The reverse Santaló inequality says that there is an universal constant  $c$  such that

$$(1) \quad c^n |B_n|^2 \leq |K| |K^\circ|,$$

where  $B_n$  is the  $n$ -dimensional euclidean unit ball [1]. The isotropic constant for a ball  $L_{B_n}$  is well know to be bounded. We will prove

**Theorem 1.** *For all isotropic symmetric convex bodies  $K$  it holds that*

$$L_K \leq L_{B_2}^{-1} (s(K))^{-1/n} \leq C,$$

where  $C$  is an universal constant.

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## 2. THE PROOF OF THE MAIN THEOREM

Let  $K$  be an unit ball. Then there exist  $T(K), T \in SLG(n, \mathbb{R}^n)$ , that is isotropic and the covariance matrix is a constant times the unit matrix [4]. Using that  $K \subset \sqrt{n}B_2$  we can calculate

$$(2) \quad L_{T(K)}^2 = \frac{\int_{T(K)} |x|^2}{n|K|} * |K|^{-2/n} \leq \frac{|K|n}{|K|n} * |K|^{-2/n} = |K|^{-2/n}$$

and

$$(3) \quad L_{A(K)}^2 = \frac{\int_{A(K)} |x|^2}{n|K|^\circ * |K^\circ|} \leq \frac{|K^\circ|n}{|K^\circ|n} * |K^\circ|^{-2/n} = |K^\circ|^{-2/n},$$

where  $A \in SLG(n, \mathbb{R}^n)$  and  $A(K)$  is isotropic. Thus from (2) and (3) we obtain

$$(4) \quad L_{B_2} L_{T(K)} \leq L_{T(K)} L_{A(K)} \leq \frac{1}{s(K)^{1/n}},$$

where we use the fact that  $L_{B_2} \leq L_K$  for all convex bodies  $K$ . Combining (4) with Milman-Bourgain (or reverse Santaló) inequality (1), we obtain

$$L_{T(K)} \leq \frac{1}{L(B_2)s(K)^{1/n}} \leq C,$$

which implies the main theorem 1.

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