

## Frame Dragging Lense-Thirring Time Dilation and More sgm, 2108/DEC/24

The fact gravitational time-dilation happens *at all* means there is, *at least*, a loose coupling between space-time and masses. Masses *affect* space-time. Lense-Thirring, also known as frame dragging, is a *geometric effect* on space-time as such:

<https://www.youtube.com/watch?v=J2UPupRIrq4>

[https://en.wikipedia.org/wiki/Lense  
%E2%80%93Thirring\\_precession](https://en.wikipedia.org/wiki/Lense%E2%80%93Thirring_precession)

Newton's law of universal gravitation:

<https://en.wikipedia.org/wiki/>

[Newton's law of universal gravitation](https://en.wikipedia.org/wiki/Newton's_law_of_universal_gravitation)

shows where G comes into play with units  $m^3/s^2kg$

If you look closely, it's a kind of inverse-density.

G:

[https://en.wikipedia.org/wiki/Gravitational\\_constant](https://en.wikipedia.org/wiki/Gravitational_constant)

again with units  $m^3/s^2kg$ .

The Lorentz factor (relating to Special Relativity):

[https://en.wikipedia.org/wiki/Lorentz\\_factor](https://en.wikipedia.org/wiki/Lorentz_factor)

has General Relativity / gravitational analog:

$(1-r_s/r)^{-1/2}$ , where  $r_s$  is the Schwarzschild radius:

[https://en.wikipedia.org/wiki/Schwarzschild\\_radius](https://en.wikipedia.org/wiki/Schwarzschild_radius)

So intuitively, the Lense-Thirring effect *must* be a function of: G, mass, spin,  $r_s$ , radius, and time. It must be proportional to [powers of] G, m, s, and t – while *inversely* proportional to V, volume, and Schwarzschild factor,  $(1-r_s/r)^{1/2}$ :

$$L-S \propto \frac{Gmst^3}{V\sqrt{(1-r_s/r)}}$$

with units:  $\frac{m^3kgs^{-1}s^3}{s^2kgm^3(.)}$  = dimensionless / unit-less

Notice how the units cancel leaving a dimensionless Lense-Thirring factor based on distance from center-of-mass, r, and time elapsed, t.

$$L-S(r,t) \propto \frac{Gmst^3}{V\sqrt{(1-r_s/r)}}$$

Intuitively, the Lense-Thirring effect is proportional to the universal gravitational constant, mass, spin, time-cubed – and – inversely proportional to volume and Schwarzschild factor.

If mass is zero, the effect is zero.

If spin is zero, the effect is zero.

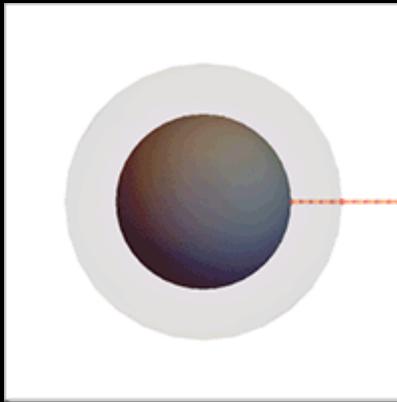
If time passed/measured is zero, the effect is zero.

If volume is large, the effect is small.

If inverse-Schwarzschild factor / gravitational time-dilation is large, the factor is large.

The only factor that needs explanation is about volume. Increased volume means lower density / energy/mass density which implies less 'stuff' to interact with space-time, affect it, and change it. Spreading mass out, lowering mass/energy density, means *less stuff to couple with an already extremely lowly coupled factor* – to begin with, as evinced by time-dilation of neutronium – the **only** way to change time / dilate time is to *concentrate nuclear material*. High volume implies low density which implies *less coupling material* which implies *less effect*.

Conventional General Relativity asserts *entire space-time* is curved/distorted by masses but we see above that Lense-Thirring is an effect based on **TIME** and radial distance *alone*. G is a function of c which is a function of  $Z_0$ . This implies that ultimately, Lense-Thirring is an effect based on the impedance of space. The magnitude/amount of defect/warp, of course, is based on  $Y_0$ , temporal elasticity. So Lense-Thirring is ultimately based on two factors alone:  $Z_0$  and  $Y_0$ , the impedance of space and elasticity of time.



an animated gif about how time is warped near a black-hole  
from: [https://en.wikipedia.org/wiki/Lense  
%E2%80%93Thirring\\_precession](https://en.wikipedia.org/wiki/Lense%E2%80%93Thirring_precession)