The metaphysics of physics

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Abstract: This is a didactic exploration of the basic assumptions and concepts of the Zitterbewegung interpretation of quantum mechanics. Its novelty is in applying the concepts to photons and relating it to other uses of the wavefunction. As such, we could have chosen another title for this paper: the physics of quantum physics. However, all we present are interpretations, hypotheses and assumptions only, of course. As such, we preferred the title above: the metaphysics of physics.

Keywords: Zitterbewegung, Uncertainty, mass-energy equivalence, wavefunction interpretations.

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The metaphysics of physics

1. The wavefunction of an electron

The wavefunction is a wonderful mathematical object which, we argue, has several physical interpretations. In the *Zitterbewegung* interpretation of an electron\(^1\), it will describe the circular oscillatory motion of an electron (the *Zitterbewegung*) or – possibly – of any charged particle, as depicted below.

![Figure 1: The force and position vector](image)

The illustration above makes it clear that, *within* this rather particular interpretation of the wavefunction, we need to develop a dual view of the reality of the real and imaginary part of the wavefunction. On the one hand, they will describe the physical position (i.e. the \(x\)- and \(y\)-coordinates) of the pointlike charge – the green dot in the illustration, whose motion is described by:

\[
\mathbf{r} = a \cdot e^{i\theta} = x + i \cdot y = a \cdot \cos(\omega t) + i \cdot a \cdot \sin(\omega t) = (x, y)
\]

As such, the (elementary) wavefunction is viewed as an implicit function: it is equivalent to the \(x^2 + y^2 = a^2\) equation, which describes the same circle.

On the other hand, the *zbw* model implies the circular motion of the pointlike charge is driven by a tangential force, which we write as:

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\(^1\) Erwin Schrödinger derived the *Zitterbewegung* as he was exploring solutions to Dirac’s wave equation for free electrons. In 1933, he shared the Nobel Prize for Physics with Paul Dirac for “the discovery of new productive forms of atomic theory”, and it is worth quoting Dirac’s summary of Schrödinger’s discovery:

“The variables give rise to some rather unexpected phenomena concerning the motion of the electron. These have been fully worked out by Schrödinger. It is found that an electron which seems to us to be moving slowly, must actually have a very high frequency oscillatory motion of small amplitude superposed on the regular motion which appears to us. As a result of this oscillatory motion, the velocity of the electron at any time equals the velocity of light. This is a prediction which cannot be directly verified by experiment, since the frequency of the oscillatory motion is so high and its amplitude is so small. But one must believe in this consequence of the theory, since other consequences of the theory which are inseparably bound up with this one, such as the law of scattering of light by an electron, are confirmed by experiment.” (Paul A.M. Dirac, *Theory of Electrons and Positrons*, Nobel Lecture, December 12, 1933)
\[ F = F_x \cdot \cos(\omega t + \pi/2) + i \cdot F_x \cdot \sin(\omega t + \pi/2) = F \cdot e^{i(\theta + \pi/2)} \]

The line of action of the force is the orbit because a force needs something to grab onto, and the only thing it can grab onto in this model is the oscillating (or rotating) charge.

We think of \( F \) as a composite force: the resultant force of two perpendicular oscillations.\(^2\) This leads us to boldly equate the \( E = mc^2 \) and \( E = m \cdot a^2 \cdot \omega^2 \) formulas. We can think of this as follows. The \( zbw \) model – which is derived from Dirac’s wave equation for free electrons – tells us the velocity of the pointlike charge is equal to \( c \). If the \( zbw \) frequency is given by Planck’s energy-frequency relation (\( \omega = E/\hbar \)), then we can combine Einstein’s \( E = mc^2 \) formula with the radial velocity formula (\( c = a \cdot \omega \)) and find the \( zbw \) radius, which is nothing but the (reduced) Compton wavelength:

\[ a = \frac{\hbar}{mc} = \frac{\lambda_e}{2\pi} \approx 0.386 \times 10^{-12} \text{ m} \]

Because the energy in the oscillator must be equal to the magnitude of the force times the length of the loop, we can calculate the magnitude of the force, which is rather enormous in light of the sub-atomic scale:

\[ E = F \lambda_e \iff F = \frac{E}{\lambda_e} \approx \frac{8.187 \times 10^{-14} \text{ J}}{2.246 \times 10^{-1} \text{ m}} \approx 3.3743 \times 10^{-2} \text{ N} \]

The associated current is equally humongous:

\[ I = q_e f = q_e \frac{E}{\hbar} \approx (1.6 \times 10^{-19} \text{ C}) \frac{8.187 \times 10^{-14} \text{ J}}{6.626 \times 10^{-34} \text{ Js}} \approx 1.98 \text{ A (ampere)} \]

A household-level current at the sub-atomic scale? The result is consistent with the calculation of the magnetic moment, which is equal to the current times the area of the loop and which is, therefore, equal to:

\[ \mu = I \cdot \pi a^2 = q_e \frac{mc^2}{h} \cdot \pi a^2 = q_e c \frac{\pi a^2}{2\pi a} = q_e c \frac{h}{2mc} = q_e \frac{h}{2m} \]

It is also consistent with the presumed angular momentum of an electron, which is that of a spin-1/2 particle. As the oscillator model implies the effective mass of the electron will be spread over the circular disk, we should use the 1/2 form factor for the moment of inertia (\( I \)).\(^3\) We write:

\[ L = I \cdot \omega = \frac{ma^2 c}{2a} = \frac{mc}{2mc} \cdot \frac{h}{2} \]

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\(^3\) Symbols may be confusing. For example, \( I \) refers to the current, but \( I \) refers to the moment of inertia. Likewise, \( E \) refers to energy, but \( E \) may also refer to the magnitude of the electric force. We could have introduced new symbols but the context should make clear what we are talking about. We also try to use italics consistently. Note that bold letters (\( F \) versus \( F \), for example) will usually denote a vector, i.e. a quantity with a magnitude (\( F \)) and a direction.
We now get the correct g-factor for the pure spin moment of an electron:

\[ \mathbf{\mu} = -g \left( \frac{q_e}{2m} \right) \mathbf{L} \iff \frac{q_e}{2m} \hbar = g \frac{q_e}{2m} \hbar \iff g = 2 \]

The vector notation for \( \mathbf{\mu} \) and \( \mathbf{L} \) (boldface) in the equation above should make us think about the plane of oscillation. This question is related to the question of how we should analyze all of this in a moving reference frame. This is a complicated question. The Stern-Gerlach experiment suggests we may want to think of an oscillation plane that might be perpendicular to the direction of motion, as illustrated below.

*Figure 2:* The *zbw* electron traveling through a Stern-Gerlach apparatus?

Of course, the Stern-Gerlach experiment assumes the application of a (non-homogenous) magnetic field. In the absence of such field, we may want to think of the plane of oscillation as something that is rotating in space itself. The idea, then, is that it sort of snaps into place when an external magnetic field is applied. We will discuss this idea when introducing Uncertainty in Section 4 of this paper.

As for the question of how we should look at the motion in a moving reference frame – and, in particular, when the electron would move at a relativistic speed, this will be discussed more in detail in Section 3. We first want to think about how we can use the wavefunction concept to interpret the nature of a photon, which we do in Section 2.

Before we move on, however, we should say something about the nature of the force. The assumption is that the force grabs onto a pointlike charge. Hence, the force must be electric. We write:

\[ \mathbf{F} = q_e \mathbf{E}. \]

Because the force is humongous (a force of 0.0375 N is equivalent to a force that gives a mass of 37.5 gram (1 g = 10\(^{-3}\) kg) an acceleration of 1 m/s per second), and the charge is tiny), we get an incredible field strength:

\[ E = \frac{F}{q_e} \approx \frac{3.3743 \times 10^{-2}}{1.6022 \times 10^{-19}} \approx 0.21 \times 10^{18} \text{ N/C} \]
This is an incredible number because the most powerful accelerators may only reach field strengths of the order of $10^9$ N/C (1 GV/m).\(^4\) The associated energy density can be calculated as:

$$u = \varepsilon_0 E^2 \approx 8.854 \times 10^{-12} \cdot (0.21 \times 10^{18})^2 \frac{J}{m^3} = 0.36 \times 10^{24} \frac{J}{m^3} = 0.63 \times 10^{24} \frac{J}{m^3}$$

This amounts to about 7 kg per mm\(^3\) (cubic millimeter). Do this make any sense? Maybe. Maybe not. The rest mass of the electron is tiny, but the zbw radius of an electron is also exceedingly small. We will leave it to the reader to verify the calculation and – perhaps – make some more. It would be very interesting, for example, to think about what happens to the curvature of spacetime with such mass densities: perhaps our pointlike charge goes round and round on a geodesic in its own (curved) space. We are not familiar with general relativity theory and, hence, we are just guessing here. The point is: there is no wire to confine its motion. The $E = mc^2$ is intuitive: the energy of any oscillation will be proportional to the square of (i) the (maximum) amplitude of the oscillation and (ii) the frequency of the oscillation, with the mass as the proportionality coefficient. But what does it mean?

This question is difficult to answer. Is there another – other than the idea of a two-dimensional oscillation – to explain the *Zitterbewegung*? We do not see any. We explored the basic ideas elsewhere\(^5\) and, hence, we will not dwell on them here. We will only make one or two remarks below which may or may not help the reader to develop his or her own interpretation.

When everything is said and done, we should admit that the bold $c^2 = a^2 \cdot \omega^2$ assumption interprets spacetime as a relativistic aether – a term that is taboo but that is advocated by Nobel Prize Laureate Robert Laughlin\(^6\). It is inspired by the most obvious implication of Einstein’s $E = mc^2$ equation, and that is that the ratio between the energy and the mass of *any* particle is always equal to $c^2$:

$$\frac{E_{\text{electron}}}{m_{\text{electron}}} = \frac{E_{\text{proton}}}{m_{\text{proton}}} = \frac{E_{\text{photon}}}{m_{\text{photon}}} = \frac{E_{\text{any particle}}}{m_{\text{any particle}}} = c^2$$

This reminds us of the $\omega^2 = C^{-1}/L$ or $\omega^2 = k/m$ of harmonic oscillators – with one key difference, however: the $\omega^2 = C^{-1}/L$ and $\omega^2 = k/m$ formulas introduce *two* (or more) degrees of freedom.\(^7\) In contrast, $c^2 = E/m$ for *any* particle, *always*. This is the point: we can modulate the resistance, inductance and capacitance of electric circuits, and the stiffness of springs and the masses we put on them, but we live in *one* physical space only: *our* spacetime. Hence, the speed of light $c$ emerges here as *the* defining property.

\(^4\)Such field strength assumes a very-high frequency oscillation of the field. To be precise, the oscillations should be in the 30-50 GHz range to reach such field strength. This is high, but the zbw frequency is *much* higher: $f = \omega / 2\pi = E/\hbar = 0.123 \times 10^{-22}$ Hz.

\(^5\)See the reference above (Jean Louis Van Belle, 2018).


\(^7\)The $\omega^2 = 1/LC$ formula gives us the natural or resonant frequency for an electric circuit consisting of a resistor (R), an inductor (L), and a capacitor (C). Writing the formula as $\omega^2 = C^{-1}/L$ introduces the concept of elastance, which is the equivalent of the mechanical stiffness ($k$) of a spring. We will usually also include a resistance in an electric circuit to introduce a damping factor or, when analyzing a mechanical spring, a drag coefficient. Both are usually defined as a fraction of the inertia, which is the mass for a spring and the inductance for an electric circuit. Hence, we would write the resistance for a spring as $\gamma m$ and as $R = \gamma L$ respectively. This is a third degree of freedom in classical oscillators.
of spacetime. It is, in fact, tempting to think of it as some kind of resonant frequency but the \( c^2 = a^2 \cdot \omega^2 \) hypothesis tells us it defines both the frequency as well as the amplitude of what we will now refer to as the rest energy oscillation.

This model is bizarre. The weirdest result may well be the product of the calculated force, \( zbw \) circumference (Compton wavelength) and \( zbw \) frequency. It gives us an amount of (physical) action that is equal to Planck’s constant (\( h \)):

\[
F \cdot \lambda_e \cdot T = \frac{E}{\lambda_e} \cdot \frac{1}{f_e} = \frac{E \cdot h}{E} = h
\]

How should we interpret this? We will come back to this in Section 4. We will first look at how we can use the very same wavefunction to describe the conceptual opposite of matter: the photon.

### 2. The wavefunction of a photon

Photons may or may not have a wavefunction but, if they do, we would probably want to visualize it as a circularly polarized wave, as illustrated below: a rotating electric field vector (\( E \)) which can be analyzed as the sum of two orthogonal components: \( E = E_x + E_y \).

![Figure 3: LHC- and RHC-polarized light](image)

This is a very different view of the (elementary) wavefunction. It is not an implicit function anymore. It is a proper function now. To be precise, we think of \( a \cdot e^{i\theta} \) as a function from some domain (\( \Delta x, \Delta t \)) to an associated range of values \( a \cdot e^{i\theta} \). We may write this as:

\[
(x, t) \rightarrow a \cdot e^{i\theta} = a \cdot e^{i(\omega \cdot t - k \cdot x)} = a \cdot \cos(\omega \cdot t - k \cdot x) + i \cdot a \cdot \sin(\omega \cdot t - k \cdot x)
\]

Hence, while the domain of this wavefunction has to be limited in space and in time, the wave itself will, effectively, occupy some space at any point in time and, conversely, will only have non-zero values over a limited time interval at any point in space. Of course, the amplitude is not necessarily uniform. If you have ever recorded someone playing the guitar (yourself, perhaps), then you are probably aware of how an actual wave packet looks like: it is a transient oscillation, as shown below. Note that its shape reverses depending on whether we take the horizontal axis to be time (\( t \)) or spatial position (\( x \)).
This may look outlandish but it makes sense if we think photons are emitted – and absorbed – by an atomic transition from one energy state to another. We think of these atoms at atomic oscillators, and we can calculate their Q: it’s of the order of $10^8$ (see, for example, Feynman’s *Lectures*, I-33-3), which means that, after about as many oscillations, the amplitude will have died by a factor $1/e \approx 0.37$. Let us give an example, because it gives rise to interesting questions. For sodium light – which has a frequency of 500 THz ($500 \times 10^{12}$ oscillations per second) and a wavelength of 600 nm ($600 \times 10^{-9}$ meter) – the decay time of the radiation will be some $3.2 \times 10^{-8}$ seconds. That makes for about 16 million oscillations. Now, the wavelength is small but the speed of light is huge. The length of the wave train is, therefore, still quite considerable: about 9.6 meter.

This sounds lunatic: a photon with a length of 9.6 meter? Yes. Fortunately, we are saved by relativity theory: as this wave train zips by at the speed of light, relativistic length contraction reduces its length to zero. What about the field strength? Because the electric field is perpendicular to the direction of propagation, we like to think the amplitude remains what it is. However, that requires, perhaps, a more careful consideration.

At this point in the argument, we have no choice but to think about relativistic transformations of the wavefunction or, to be precise, relativistic transformations of its argument. Before we do so, we need to make one more note. It should, intuitively, be obvious that the energy of a photon – the energy of the wave train, really – is packed over many oscillations. Zillions, literally. Each of these oscillations will, therefore, pack an exceedingly small (but real) amount of energy. As any oscillation, each oscillation takes some time (the cycle time) and, in the case of the photon, some space (the wavelength). In contrast, the electron picture was different: *one* oscillation – *one* cycle, really – packs all of the energy $E = F\lambda e = mc^2$. Hence, the magnitude of the associated electric field is humongous as compared to the amplitude of the oscillations of our photon.

Let relativity enter the picture now.

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8 The image on the left depicts the amplitude of a musical note from a guitar string.
3. The relativistic invariance of the wavefunction

Let us consider the idea of a particle traveling in the positive x-direction at constant speed \( v \). This idea implies a pointlike concept of position and time: we think the particle will be somewhere at some point in time. The *somewhere* in this expression does not necessarily mean that we think the particle itself will be dimensionless or pointlike. It just implies that we can associate some center with it. Think of the *zbw* model here, for example: we have an oscillation around some center, but the oscillation has a physical radius, which we refer to as the Compton radius of the electron. Of course, two extreme situations may be envisaged: \( v = 0 \) or \( v = c \). However, let us not consider these right now (we will do so later, of course).

The point is: in our reference frame, we have a position – a mathematical point in space, that is – which is a function of time: \( x(t) = v \cdot t \). Let us now denote the position and time in the reference frame of the particle itself by \( x' \) and \( t' \). Of course, the position of the particle in its own reference frame will be equal to \( x'(t') = 0 \) for all \( t' \), and the position and time in the two reference frames will be related as follows:

\[
    x' = \frac{x - vt}{\sqrt{1 - \frac{v^2}{c^2}}} = \frac{vt - vt}{\sqrt{1 - \frac{v^2}{c^2}}} = 0
\]

\[
    t' = \frac{t - \frac{vx}{c^2}}{\sqrt{1 - \frac{v^2}{c^2}}}
\]

Hence, if we denote the energy and the momentum of the electron in our reference frame as \( E_v \) and \( p = \gamma m_0 v \), then the argument of the (elementary) wavefunction \( a \cdot e^{i \theta} \) can be rewritten as follows:

\[
    \theta = \frac{1}{\hbar} \left( E_v t - px \right) = \frac{1}{\hbar} \left( \frac{E_0}{\sqrt{1 - \frac{v^2}{c^2}}} t - \frac{E_0 v}{c^2} x \right) = \frac{1}{\hbar} E_0 \left( \frac{t}{\sqrt{1 - \frac{v^2}{c^2}}} - \frac{\frac{vx}{c^2}}{\sqrt{1 - \frac{v^2}{c^2}}} \right) = \frac{E_0}{\hbar} t'
\]

We have just shown that the argument of the wavefunction is relativistically invariant.\(^9\) It makes us think that of the argument of the wavefunction and – therefore – the wavefunction itself – might be more real – in a physical sense, that is – than the various wave equations (Schrödinger, Dirac, Klein-Gordon) for which it is some solution. Let us, therefore, further explore this. We have been interpreting the wavefunction as an implicit function again: for each \( x \), we have a \( t \), and vice versa. There is, in other words, no uncertainty here: we think of our particle as being somewhere at any point in time, and the relation between the two is given by \( x(t) = v \cdot t \). We will get some linear motion. If we look at the \( \psi = a \cdot \cos(p \cdot x/\hbar - E \cdot t/\hbar) + i \cdot a \cdot \sin(p \cdot x/\hbar - E \cdot t/\hbar) \) once more, we can write \( p \cdot x/\hbar \) as \( \Delta \) and think of it as a phase factor. We will, of course, be interested to know for what \( x \) this phase factor \( \Delta = p \cdot x/\hbar \) will be equal to \( 2\pi \). Hence, we write:

\[
    \Delta = p \cdot x/\hbar = 2\pi \iff x = 2\pi \cdot h/p = h/p = \lambda
\]

\(^9\) The language is quite subtle: the Compton *radius* is the reduced Compton wavelength: \( a = r_C = \lambda_e/2\pi \).

\(^{10}\) \( E_0 \) is, obviously, the rest energy and, because \( p' = 0 \) in the reference frame of the electron, the argument of the wavefunction effectively reduces to \( E_0 t'/\hbar \) in the reference frame of the electron itself.
We now get a meaningful interpretation of the *de Broglie* wavelength. It is the distance between the crests (or the troughs) of the wave, so to speak, as illustrated below.

![Figure 5: An interpretation of the *de Broglie* wavelength](image)

Of course, we should probably think of the plane of oscillation as being *perpendicular* to the plane of motion – or as oscillating in space itself – but that doesn’t matter. Let us explore some more. We can, obviously, re-write the argument of the wavefunction as a function of *time* only:

\[
\theta = \frac{1}{\hbar} (E_v t - px) = \frac{1}{\hbar} \frac{E_0}{\sqrt{1 - \frac{v^2}{c^2}}} \left( t - \frac{v}{c^2} vt \right) = \frac{1}{\hbar} \frac{E_0}{\sqrt{1 - \frac{v^2}{c^2}}} \left( 1 - \frac{v^2}{c^2} \right) t = \sqrt{1 - \frac{v^2}{c^2}} \cdot \frac{E_0}{\hbar} t
\]

We recognize the *inverse* Lorentz factor here, which goes from 1 to 0 as \( v \) goes from 0 to \( c \), as shown below.

![Figure 6: The inverse Lorentz factor as a function of (relative) velocity \((v/c)\)](image)

Note the shape of the function: it is a simple circular arc. This result should not surprise us, of course, as we also get it from the Lorentz formula:
\[
t' = \frac{t - \frac{vx}{c^2}}{\sqrt{1 - \frac{v^2}{c^2}}} = \frac{t - \frac{v^2}{c^2}t}{\sqrt{1 - \frac{v^2}{c^2}}} = \sqrt{1 - \frac{v^2}{c^2}} 
\]

What does it all mean? We can go through a simple numerical example to think this through. Let us assume that, for example, that we are able to speed up an electron to, say, about one tenth of the speed of light. Hence, the Lorentz factor will then be equal to \( \gamma = 1.005 \). This means we added 0.5% (about 2,500 eV) – to the rest energy \( E_0 \): \( E_v = \gamma E_0 \) \approx 1.005 \cdot 0.511 \text{ MeV} \approx 0.5135 \text{ MeV} \). The relativistic momentum will then be equal to \( m_v v = (0.5135 \text{ eV/c}) \cdot (0.1 \cdot c) = 5.135 \text{ eV/c} \). We get:

\[
\theta = \frac{E_0}{\hbar} t' = \frac{1}{\hbar} (E_0 t - px) = \frac{1}{\hbar} \left( \frac{E_0}{\sqrt{1 - \frac{v^2}{c^2}}} - \frac{E_0 v}{c^2} x \right) = 0.955 \frac{E_0}{\hbar} t 
\]

This is interesting, and then it is not. A more interesting question is what happens to the radius of the oscillation. Does it change? It must, but how should we interpret this? In the moving reference frame, we measure higher mass and, therefore, higher energy – as it includes the kinetic energy. The \( c^2 = a^2 \cdot \omega^2 \) identity must now be written as \( c^2 = a'^2 \cdot \omega'^2 \). Instead of the rest mass \( m_0 \) and rest energy \( E_0 \), we must now use \( m_v = \gamma m_0 \) and \( E_v = \gamma E_0 \), in the formulas for the Compton radius and the Einstein-Planck frequency, which we just write as \( m \) and \( E \) in the formula below:

\[
ma'^2\omega'^2 = m \frac{\hbar^2}{m^2 c^2} \frac{m^2 c^4}{\hbar^2} = mc^2 
\]

This is easy to understand intuitively: we have the mass factor in the denominator of the formula for the Compton radius, so it must increase as the mass of our particle increases with speed. Conversely, the mass factor is present in the numerator of the \( \omega \) frequency, and this frequency must, therefore, increase with velocity. It is interesting to note that we have a simple (inverse) proportionality relation here. The idea is visualized in the illustration below (for which credit goes to the modern \( \omega \) theorists Celani et al.), which depicts an \textit{accelerating} electron: the radius of the circulatory motion must effectively diminish as the electron gains speed. Once again, however, we should warn the reader that he or she should also imagine the plane of oscillation to be possibly parallel to the direction of propagation, in which case the circular motion becomes elliptical.

\[\text{Figure 7: The Compton radius must decrease with increasing velocity}\]
Can the velocity go to \( c \)? This is where the analysis for an electron – or any other matter-particle – and for a photon part ways. In the \( zbw \) model, we have a rest energy which is explained by the \textit{Zitterbewegung} of a pointlike electric charge. Hence, relativity tells us we can never accelerate it to the speed of light, because its mass – a measure for inertia to movement – becomes infinite.

In contrast, we have no such constraint for a photon. In fact, it does not have any rest energy (or rest mass). All of its energy is in its motion. What happens to the argument of the wavefunction? If we still think of the photon just like we would think of a particle – i.e. in terms of it being at some specific point in space at some specific point in time – then the argument vanishes:

\[
\theta = \frac{1}{\hbar} (E \cdot t - p \cdot x) = \frac{1}{\hbar} (pc \cdot t - p \cdot ct) = 0
\]

What does this tell us? In our humble view, this tells us that we should not think of a photon as we think of a particle. If we want to associate a wavefunction with a photon, then we should not think of it as an implicit function, but as a proper function, i.e. a function from some domain \((\Delta x, \Delta t)\) to an associated range of values \(a \cdot e^{i\theta}\). We can then use the superposition principle to shape it anyway we would want to shape it, and we should probably think of some transient here, rather than a nice symmetrical wave packet.

4. Planck’s constant and the concept of Uncertainty

It may look like we do not have any uncertainty in the wavefunction concept as we have used it so far. The particle is always somewhere at some point in time. As for the photon, we assume that – in its own frame of reference – we have some precise value for the electromagnetic field at any point in space and in time. On the other hand, we do not have a precise position for the pointlike \textit{charge}. As for the photon, it appears both as an incredibly long string (in its own frame of reference) as well as a point (in our frame of reference): what is the reality of the position here? Is this, then, the concept of \textit{Uncertainty}?

Perhaps. Perhaps not. We will only offer a few remarks here that may or may not help the reader to develop his or her own views on it. Let us look at the argument of the elementary wavefunction once again:

\[
\theta = \frac{1}{\hbar} (E \cdot t - p \cdot x)
\]

Planck’s constant (\(\hbar\)) appears a scaling constant here: it looks like Nature is telling us to measure \(E \cdot t - p \cdot x\) in units of \(\hbar\). Planck’s constant is the quantum of action. The concept of (physical) action is not often used. One of its uses is in the Principle of Least Action in classical mechanics. We will come back to that. As for now, we should note that action is measured in \(N \cdot m \cdot s\), so that is a force times some distance times some time. We know force times distance is energy, and force times time is momentum. Hence, we can think of action – and of the quantum of action itself – in two ways:

1. Some energy that is available for some time.
2. Some momentum that is available over some distance.

It is not obvious to intuitively understand what this means. Think of the Sun as a huge reservoir of energy. One day, its energy will be depleted, and we can calculate its life span because we have some idea of the \textit{power} it delivers, which is the energy it delivers \textit{per}
second. We understand energy and we understand power – because power times time gives us energy again – but what is energy times time? The same goes for momentum. We can think of a 5,000 kg lorry traveling at 70 km per hour and associate the related \( p = m \cdot v \) momentum with that idea, but what is momentum times distance?

Let us give an example. Let us assume that we move some object over some distance \( x \). To make it simple, we will assume that we move in free space, so there is no potential. We apply some force \( F \) which will give the object an acceleration \( a \). The acceleration is just the ratio between the force and the mass \( (a = F/m) \). The \( x = a \cdot t^2/2 \) then gives us the following equation for the time that is needed:

\[
t = \sqrt{\frac{2 \cdot m \cdot x}{F}}
\]

This shows that if we want to halve the time \( t \), we need to quadruple the force \( F \). The distance remains the same, so the total amount of physical action, which we will write as \( S \), doubles. We get the following formula for the action associated with some distance \( x \) and some force \( F \):

\[
S = F \cdot x \cdot t = F \cdot x \cdot \sqrt{\frac{2 \cdot m \cdot x}{F}} = \sqrt{F} \cdot x^{3/2} \cdot \sqrt{2m}
\]

Conversely, we can also write the action in terms of \( F \) and \( t \):

\[
S = F \cdot x \cdot t = F \cdot \frac{F \cdot t^2}{m \cdot 2} \cdot t = \frac{F^2 \cdot t^3}{2m}
\]

The reader can fill in some numbers. For example, a force equal to 2 N that is acting on a 2 kg mass over a distance of 2 m amounts gives us \( S = 8 \) N·m·s. Does this make us any wiser? Probably not. However, the formulas may help to get us more intuitively understand what the concept of physical action implies: it embodies some real event – but incorporating all aspects of it: not only distance, but also time, and vice versa.

Let us go back to the zbw model. The \( S \) that is associated with one loop is equal to \( h \):

\[
S = F \cdot \lambda_e \cdot T = \frac{E}{\lambda_e} \cdot \lambda_e \cdot \frac{1}{f_e} \cdot \frac{h}{E} = h
\]

We can think of this in three different ways: (1) some energy over some time \( (F \cdot \lambda_e \text{ times } T) \), (2) some momentum over some distance \( (F \cdot T \text{ times } \lambda_e) \) and (3) some force over some distance over some time. As such, it is associated with some path in space and in time – i.e. a path in spacetime. Different paths in spacetime will be associated with different amounts of action. Let us illustrate this.
Figure 8: Different paths in spacetime

We can take some mass \( m \) – ourselves, perhaps – from point \((x_1, t_1)\) to point \((x_2, t_2)\) in two ways: we can take the straight-line path, or we can take the weird curved path. If we want to get from \( x_1 \) to \( x_2 \) in the same time \( T = t_2 - t_1 \), then we will need a lot more action along the curved path: we will need to go a lot faster and, therefore, we will need a lot more force. Hence, the curved path will be associated with more action. We write:

\[
\Delta S = S' - S = F' \cdot X' \cdot T - F \cdot X \cdot T = (F' \cdot X' - F \cdot X) \cdot T = (E' - E) \cdot T
\]

Can we take any path? In classical mechanics, we can. However, in quantum mechanics, we may want to think action comes in discrete amounts: \( h, 2h, 3h, \ldots n \cdot h, \ldots \). This, then, explains Feynman’s explanation for diffraction (see below): not enough arrows. We should read this as: we only have a discrete set of possible paths in a limited space, and the relevant scale factor is given by Planck’s constant: the amount of action that is associated with these paths differs by \( h, 2h, 3h, \ldots n \cdot h, \) etcetera.

Figure 9: Explaining diffraction

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\[\text{Source: Richard Feynman, } \textit{The Strange Theory Of Light and Matter}, \text{ 1985}\]
Here, we have yet another use of the wavefunction: we will associate each path in spacetime with the related action, and this amount of action is then used to calculate the probability amplitude that is associated with the path. We then add the amplitudes – Feynman’s arrows – to get the combined amplitude.

The amplitude is given by the propagator function. If our physical interpretations of the wavefunction makes any sense, then we will, somehow, need to relate them to the propagator function – for a matter-particle as well as for a photon. This is a topic we would like to explore in future papers.

Jean Louis Van Belle, 27 November 2018
References

This paper discusses general principles in physics only. Hence, references were mostly limited to references to general physics textbooks. For ease of reference – and because most readers will be familiar with it – we often opted to refer to

1. Feynman’s Lectures on Physics (http://www.feynmanlectures.caltech.edu). References for this source are per volume, per chapter and per section. For example, Feynman III-19-3 refers to Volume III, Chapter 19, Section 3.

We also mentioned the rather delightful set of Alix Mautner Lectures, although we are not so impressed with their transcription by Ralph Leighton:


Specific references – in particular those to the mainstream literature in regard to Schrödinger’s Zitterbewegung – were mentioned in the footnotes. We should single out the various publications of David Hestenes and Celani et al., because they single-handedly provide most of the relevant material to work on here:


In addition, it is always useful to read an original:


The illustrations in this paper are open source or – in one or two case – have been created by the author. References and credits – including credits for open-source Wikipedia authors – have been added in the text.

One reference that has not been mentioned in the text is:

7. How to understand quantum mechanics (2017) from John P. Ralston, Professor of Physics and Astronomy at the University of Texas.

The latter work is one of a very rare number of exceptional books that address the honest questions of amateur physicists and philosophers upfront. We love the self-criticism: “Quantum mechanics is the only subject in physics where teachers traditionally present haywire axioms they don’t really believe, and regularly violate in research.” (p. 1-10)

Last but not least, we pre-published a series of more speculative arguments on the viXra.org site. See: http://vixra.org/author/jean_louis_van_belle. The author intends to further develop these in future articles.