

(original article)

# buspirone An example of generalized social anxiety disorder that caused a state of consciousness change during taking large quantities \*

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## 【Abstract】

Personally importing buspirone which is not yet released in Japan, continuing to take a large amount of buspirone 100 to 400 mg a day with grapefruit · juice etc. which is a substance which inhibits the metabolism of buspirone, and while taking that, the phantom state of consciousness change state I experienced a case of frequent occurrence of a twilight state from a dreamy state.

Cases develop social anxiety disorder at the third year of high school. Morbidity has reached 21 years. We purchased antidepressants from the Internet and tried many kinds including those not approved in Japan, but it was hardly effective. And I was taking buspirone.

[Key words] buspirone, confusional state, dreamy state, twilight state, generalized social phobia

## 【Introduction】

Overall type social anxiety disorder, it is a fight against loneliness. It is not easy to send a full social life to a serious general type social anxiety disorder. In addition, since SSRIs such as paroxetine often works successfully, serotonergic diseases are considered to be involved (37, 43, 46). In case

Fluvoxamine, moclobemide, milnacipran, paroxetine, fluoxetine, sertraline had little effect, I experienced a case of taking a buspirone and showing a state of consciousness change.

Buspirone was approved as a treatment for generalized anxiety disorder from American FDA in 1986. Although buspirone is classified as an anxiolytic agent, its mechanism of action and structural formula are completely different from anxiolytic drugs such as benzodiazepine drugs and it exerts an action by binding with the serotonin 5-HT<sub>1A</sub> receptor and dopamine D<sub>2</sub> receptor, so that partial 5-HT<sub>1A</sub> agonist (28). It has the effect of relieving mental tension and sublimating anxiety. There are few side effects. However, gradually it became clear that there are effects on other diseases such as depressive disorder (3). Panic disorder (3, 9), obsessive compulsive disorder (3), social anxiety disorder (3, 4), post traumatic stress disorder (9), sexual deviation (10), physical dysmorphic disorder (3, 36) (9), behavioral injury (3), cerebellar ataxia (2, 11, 16, 47), myotonic headache (32), and it has been understood that there is also the effect (3) of suppressing smoking desire.

Buspirone is said to take at least a week until its effect appears and it is said to take at least 3 weeks until its full effect appears. It is widely used in Europe and the United States, because dependence does not occur unlike benzodiazepines.

As a side effect of buspirone, dizziness, drowsiness, headache, malaise, head light sensation, malaise, nausea, nervousness, insomnia, vomiting etc. are regarded as frequent side effects, but in the state of stupor, psychosis It is considered extremely rare to fall. In addition, there is no mention of the dreamlike state of state of consciousness change and the state of falling state.

In case

#### **【Case】**

<Case> 39-year-old man.

Chief complaint: interpersonal tension

Diagnosis: Social anxiety disorder (general type, severe)

Family history: second child of two brothers. Psychiatric genetic consequences None

Blood biochemical findings: No noteworthy findings

Neurological findings: No remarkable findings

Head CT: Mild atrophy of the cerebrum is observed

Electroencephalogram: No notable findings

Alcohol history: My father and grandfather were a drinking alcohol who drinks about six times a day, but I have never had a hepatic abnormality or the like. Even at the age of 23 years, there are times when I drunk about five times daily nearly a year, but I have never had liver function abnormalities. The drinking of the case says that he tried it to write a novel. Almost an opportunity drinking alcohol for over 10 years.

Personality: Effortive character of mother's family lineage is strong.

Besides, gentle, stiffness, seriousness, shyness, enthusiasts, tired.

Seriousness stands out, and impairment of personality is not felt at all.

Growth history: No special mention

Past history: childhood onset fluent disorder since childhood. When I was in elementary school lower grade, I was often attacked by an episode that the head faded in the evening and the sense of reality declined. Also, at the time of the elementary school lower grade, it was often attacked by an episode that the movement stopped while grabbing chopsticks at night, during meals, but the parents were not considered as a type of epileptic seizure, but bad habits Only the hospital consultation was not done.

She suffered from convulsive vocal disorder (suspicion) since junior high school. I was diagnosed only with laryngitis even though I visited various clinics.

During college, contact falls during bicycling, causing skull fracture / amnesia after trauma for 5 days. At this time I covered a helmet for a bicycling competition and there was no injury on my head. There was only a very strong bruise. Since then, I came to suffer from impotence dysfunction.

At the age of 22, after a psychiatric first visit, the case received an electroencephalogram test about 10 times, but only a fast wave due to benzodiazepine-based medication was observed, no other unusual place was found, it was diagnosed as normal I came.

At the age of 32, during lunch, there is an episode of devoting a container containing side dishes diagonally and keeping it as it is for about 10 minutes. It was when I caught a cold, when I took a cold medicine in an extremely large amount and went to work. "Because I am strong in drugs, I drink as much as possible" and "I could not sleep the night before." After 10 minutes I resumed my meal as if there was nothing at all. He himself has no memory of this episode, and he began to be advised by the brain to see a neurological department, and I learned that

such an episode took place. It is hard to believe even if he is told so by his boss, and it is told that for the first time it is told that such things actually existed than some other witnesses. The next day, I visited a neurological department. Intelligence test, memorability test, electroencephalography inspection, etc. were conducted. Strong writing force presumed to be due to head bruises after 5 days of trauma after injuries. Fast wave based on benzodiazepine drug was found in disorder and electroencephalogram, but no other abnormality was found. It was. In case

Current medical history: Three years of high school, just before secondary examination of college entrance examination, social anxiety disorder (general type) developed. Although I was strongly nervous at the time of the secondary examination to pass the university to the university, although it passed and it was sure, it was rejected at the time of active duty. After all, I went down and lowered the rank of the university and entered another university. However, I have a dream to be a bicycle racer from a ronin era, and I will train a bicycle race about 5 hours everyday from the age of ronin. Parents are not allowed to become bicycle racers, joining the cycling department with college entrance. Also participate in the world championship. However, cases are falling down during university bike competition, parents are concerned about the accident, and the cycling competition is not carried out with the withdrawal of the bicycle competition department of the university. After graduating from university, since becoming a social worker, he will become absorbed in research and work of novel writing, health law and psychiatry.

I do not notice that the case is suffering from a disease called social anxiety disorder. At the age of 22, he suffered from childhood onset flu-dysfunction and was admitted to the otolaryngology department at the university hospital, neurology department, but eventually he was advised to see a psychiatric department and visited a psychiatrist. Only then do you know that you are suffering from a social social anxiety disorder disease. From this time on, continue taking benzodiazepine anxiolytic drugs such as bromazepam, clonazepam. These benzodiazepine anxiolytics have been dramatically successful in childhood onset flu-dysfunction but their effect on social anxiety disorder is insufficient and cases suffer the most from social anxiety disorder.

While suffering from social anxiety disorder suffering but doing religion enthusiastically, living with religion as the support of the mind.

Numerous treatments such as stellate ganglion block therapy, qigong law, yoga, fasting therapy, brown rice natural diet, body care, acupuncture, Morita therapy (18, 19), template therapy which is a treatment method to cure diseases by tooth engagement. It has been accepted and practiced. Only stellate ganglion block therapy was able to realize the effect strongly. Thirteen ganglionic blocks were performed, but work became busy, and it became impossible to attend the stellate ganglion block therapy. Susceptible anxiety disorder that became milder as it is closer to remission after discontinuation of blockade of stellate ganglion becomes severe to the same extent as before stellate ganglion block therapy. In addition, we began a watch on the night, we had time to go to the doctor's office where we had been doing the stellate ganglionic block therapy before, but the doctor replied that the doctor did not do the stellate ganglion block therapy instead. The place where the case lives is the countryside, there was no other clinic to do the stellate ganglion block therapy.

Five and a half years ago, I wish for head CT and first visit our hospital. Since then, I became my doctor and prescribe benzodiazepines (flunitrazepam, bromazepam, etizolam, flutoprazepam, clonazepam etc). Around this time, the case already had flunitrazepam prescribed as hypnotic sedative medicine during daytime, knows that it works dramatically for interpersonal tension, appeals that there is strong insomnia even though there is no insomnia flunitrazepam. The highest dose was requested from the first visit. Also, I requested 1 mg tablet for ease of adjustment. The medicinal contents at the first visit are 4 tablets / day for flunitrazepam 1 tablet, 4 tablets for bromazepam 5 mg / day, 6 tablets for etizolam 0.5 mg / day, 2 tablets for flutoprazepam 2 mg / day, 1 tablet for omeprazole 20 mg tablet /Day.

The case studied very well about benzodiazepines, social anxiety disorder, psychiatry, medicine, considering the problem of tolerance more than at the time of first visit, only before these benzodiazepine drugs are troubled with interpersonal tension, oral dissolution I was taking it. Also, I tried not to take holidays which are not troubled by interpersonal tension. Although it was only taking half the amount of prescription, it was uneasy as less hands became, so we were requesting a relatively large prescription like this.

At the same time as fluvoxamine is released, we strongly hope to start dispensing fluvoxamine. Fluvoxamine Aware of strong tiredness with

taking 150 mg daily. That fatigue was enough to hurt the work, but the case keeps hiding with a single heart wanting to cure social anxiety disorder, and despite hardly conscious of the effect, we continue to strongly hope for administration.

If you take fluvoxamine in the daytime case, you will be attacked by fatigue and it will be extremely difficult to do the work, so take 150 mg daily for 1 hour before going to bed. In addition, the maximum amount of fluvoxamine daily dose 150 mg could be taken in the case. When the daily dose exceeds 150 mg, the case was not able to wake up due to fatigue in the morning and could not withstand fatigue during daytime work even after getting up. The patient with a robust body was sensitive to fluvoxamine. However, as a case I would like to cure social anxiety disorder, I hide it, I strongly hope to administer fluvoxamine, hiding it, despite being almost unaware of the effect, it is effective. If social anxiety disorder is recognized by administration of SSRIs it is recommended to continue taking that SSRIs for more than 1 year 4).

At this time, severe childhood onset flu-dysfunction which was one of the troubles from childhood as a child was dramatically milder as it was closer to remission as fluvoxamine medication continued. The case, however, suffered from social anxiety disorder far more than its severe childhood onset flu - ditional disorder. "There is nothing like childhood onset fluency disorder compared to social anxiety disorder," the case claimed. It is totally ineffective for social anxiety disorder that was extremely troubled, and after 15 months, it is changed to milnacipran simultaneously with the release of milnacipran.

Started administration of milnacipran. milnacipran as well as fluvoxamine feel intense fatigue. However, the case kept concealing its intense fatigue and continued taking it. Taking milnacipran will continue until the release of paroxetine.

At the same time as paroxetine was released, administration of paroxetine was started. It takes a dramatic effect awareness on the first day of taking. However, it is conscious that the effect will be weakened suddenly on the second and third days. And taking 4 weeks of dosing will stop taking "not effective" from the case itself.

If the case itself has a strong effect on social anxiety disorder, we take personal information of moclobemide which we got information from the internet and intend to cure social anxiety disorder, we take 600 mg daily for eleven months with a single intention. But it was ineffective. Also,

fluoxetine, sertraline was also imported individually and was ineffective.

In case

In case, we get information that buspirone has effect on social anxiety disorder rather than internet. Buspirone will be imported individually and will start taking 100-400 mg a day, with a substance that inhibits the metabolism of buspirone, with a maximum daily intake of 60 mg. Unlike the antidepressant medication that buspirone has taken so far, side effects were extremely low for cases, and it was an action that it thought that social anxiety disorder would be remitted as soon as taking large doses.

Begin taking sleep and buspirone (100 - 400 mg) with grapefruit juice, erythromycin, and Nefazodone that inhibit buspirone metabolism before sleep and on holidays.

While working during the day, take buspirone around 30 mg with erythromycin which inhibits buspirone metabolism. However, taking medicine during the day brings sleepiness and fatigue, so I decide to discontinue at least five times at work. However, sometime afterwards, I want to cure social anxiety disorder early, and take a small amount of buspirone in the daytime on duty. In case

When I took 60 mg buspirone with erythromycin on the 5th day of taking medicine, I felt strong malaise and I slept for two hours in my company's bed. However, almost 2 hours of bedtime almost lost fatigue. On this day, I was able to do the jogging as usual after nearly everyday work.

On the 12th day of taking the dose, this day was a holiday. Early in the morning when I ingested buspirone 100 mg with grapefruit juice, erythromycin, a small amount of Nefazodone, I was somnolent and somnolent until daytime.

On the 19th day of taking the dose, this day was also a holiday. At 1 pm, when I ingested buspirone 100 mg with grapefruit juice, erythromycin, a small amount of Nefazodone I experience somnolence in the afternoon and experience that my jogging at night was not possible due to fatigue.

All of these experiences were around the time you started taking buspirone, and thereafter these things also cause buspirone's intake to be discontinued except at night when the day of work at the company is daytime. However, the days of work from holiday and night continued to do during the day.

Also, at the time, he was suffering from the divorce problem and had severe insomnia disorder, but it seems to be due to buspirone pre-sleeping dose, but insomnia disorder remission.

Beginning on the 29th day, my boss asks me to do an employee hiring interview instead. At this time six interviewed young ladies, but the letters of the resume appear to float up and confused. In case From this moment the vision of the letters of the document appears to float up occasionally. This all happens in the evening. The case called this a "seizure".

When "seizure" occurred, when I noticed my abnormality, I was afraid of being noticed by a company person, said "I feel ill," and soon took a sleep at the company's bed. I got to sleep and I was recovering. From fear of "seizures" and taking buspirone for 30 days after taking only busy night only except on days of holiday and night wear, it will hardly occur during work.

Two months after starting taking buspirone, on watch on the night, I got sicker from the morning and arrived at the company, I requested himself to do blood collection for blood tests on my own. Only liver function, white blood cell, LDH, CPK were measured. Liver function and white blood cells were within the normal range, but LDH was 220 (reference value 112 to 213) and CPK was 358 (reference value 57 to 284), slightly exceeding normal values.

Two and a half months after taking the medicine, I wake up an episode that comes into contact with the seniors' car of the same company which had been stopped at the parking lot of the furniture store located near the company. Why did you enter the furniture store say that no case is any case. At this time, the consciousness of the case was unclear. Things that touched the car being parked, that the person who came out was the boss of the company, what the colleagues of the company gathered for a while, and the company's colleague took me to the office was choppy I remember. This happened in the evening. This day is the day of watch on the night, I was absorbed in searching apartment etc. from the morning and fatigue was overlapping. (There are memories in the morning, but there is a lack of memories from the afternoon on this day. In addition, at this time, on the day of wearing on the night, instead of lunch, drinking large amounts of buspirone and large amounts of grapefruit juice It was frequent to do it.) When I woke up at the company's bed this evening, the building of this company was actually constructed by changing the

place two years ago, but the building is watched on TV or book It is a very old brick building in a story that has happened and there is a clear memory that many glue dropped from between the brick and the brick and it looked like a ghostly building.

This night, "Why am I here! Who am I! I cried many times. However, the case was suffering from spasmodic dysphonia (suspicion) since junior high school days, and it was an event in the middle of the mountain building, and nobody could hear it.

This evening, around midnight, when I can not stand hungry, when I go to a place where the car is parked, the place where the car was stopped is a usual place where I can stop normally, and with that my wife in the morning I found that one of the new stylish packages of grapefruit juice I bought was on the back seat and I usually left two but I wonder why only one is listed There was a memory that it was. It was a grapefruit juice of new stylish packaging that should have bought 5 books. I brought out one of them, healed hungry with several buspirone tablets.

After more than a month, I found another grapefruit juice rolling under the front seat. Therefore, I thought that my wife or myself left only two, and the other three in the apartment.

The next day, blood sampling was done in the medical office of the company, but there were no abnormalities, including liver function. Since this "seizure", when it is not a holiday, you will almost take buspirone only before sleep.

After this, "seizure" took place four days later. This day was a holiday. About 5 p.m., when an apartment salesman came to visit the apartment, it became impossible by the relatives who opposed the current marriage, for example, the apartment which was just before purchase became impossible and various difficulties to the salesman Middle emotionally mentioned. However, the case remembers only a few of this incident. Considering that there are only a few memories at this time, it seems that mild awareness cloudiness had occurred. Also, at this time, the signature stamp of seven persons is required in the guarantor's column, and the signature stamp of the relative who opposed the present marriage was made in the last one field, but the character and the seal emerged It looked like. However, purchase of an apartment in the case is still in the planned stage, and the guarantor was not necessary. Also, it is difficult to think that seven guarantors are necessary. In addition, cases are very temperate personality, it is usually difficult to think about describing

things emotionally. Because it was a holiday this day, he said that instead of lunch, there is a high possibility that a large amount of buspirone and a large amount of grapefruit juice were ingested at the same time.

When fatigue is strong, it is assumed that "seizure" seems to occur. When there is almost no fatigue, around 9 o'clock in the evening at night, 200 mg of buspirone with a large amount of grapefruit juice and erythromycin, a small amount of Nefazodone I often ingest it. At those times "seizures" never occurred. On the contrary, anxiety and frustration disappeared dramatically.

The face tick of only the left side apparently became prominent from the 3rd month taken. When the case was subjected to a very strong stress than before, face tick only on the left side was occurring, but this time it appeared when there was little stress, it seemed to be a side effect of buspirone taking (7, 11). However, the case did not reduce the buspirone dose for that. Also, when I ran, I realized mild Parkinson's disorder (7), but the case did not reduce buspirone dose for this. I carefully searched for buspirone on the Internet and I could hardly find explanations in Japanese so I studied the side effects of buspirone and how to take it in English in detail.

When we are taking the fourth month of taking the case, the case goes to a second - hand house detached house that was posted in the advertisement of the wife and the newspaper. And I took a look at some second - hand houses, but there was nothing savvy. A few days later, my wife 's elder brother comes to see a case and a condominium where my wife may purchase. My older brother visited the apartment with his wife and came to the case apartment in the evening. And supper was supper, but a case with a strong alcohol had fallen into "seizure" with a very small amount of alcohol. Tatami looked like a lake, the houses I saw the other day floated in places and the acquaintance's apartment floated towards the edge. In addition, the case was found out from the case of the case and showed to the brother-in. The case clearly remembers that the characters of the novel floated at this time. Memory of this dinner is like a dream, but it is definitely in the case.

Also, at the time I went to see my apartment with my wife, when I was about to get to the night from dusk, I was tired of visiting an apartment, driving a car and causing the lightest awareness of the consciousness, complicated and unfamiliar There is an episode which continued saying to his wife, "Head is a bit somewhat dazzling," even though it was a way and

I was able to go out to the national highway many times while getting out on the national highway.

"Seizure" will begin to appear regardless of the time of the day from the 4th month of taking the dose. The next day after watch on the night, when I wake up from sleep at home, when I wake up from sleep, I do not know whom I am and why I am "Who am I?" "I have called twice to a close acquaintance. I remembered that I called, but I did not remember what he said. I was informed later by an acquaintance and I was shocked to be told that I called the same contents twice on the same day. I only remembered that I called her once. It is thought that this was due to mild awareness when I called the first time, when I called the second time, I was in the mildest awareness cloud.

Four months and a half after taking the patient, it is said that his / her eyes are set up from a colleague who had been making a misery than usual immediately after coming to work, it is told to the boss that the boss instructs him to go to a psychiatric hospital immediately. The patient was quite temperate in character and was liked by everyone, but only one person, his colleagues unilaterally hated cases than their colleagues than work troubles. (On this day, I came to the office by driving a car, but the case has no memory of it. In addition, the case was "Drive a car when it is difficult to go to a psychiatry in this state" and return home as it is , I have not taken psychiatrist examination.) After this, I will stop taking buspirone in the case. With the discontinuation of buspirone "case" seems to not occur "case". Social anxiety disorder was judged to be light or nearly remission during taking buspirone and immediately after discontinuation, but it was conscious that it was only mildly relieved after all. In case

### **【Discussion】**

Social anxiety disorder is said to develop for the most part from teens to early twenties. 23, 50). In Japan, the name of the disease called interpersonal fear was used, and it was considered that it was thought to be a disease based on cultural background in Japan, many in Japan, few in Western countries 50).

However, in Japan, disease names such as interpersonal fear have not been used much in recent years following the West in Europe, and disease names such as social anxiety disorder or social phobia which is a similar disease name have been used [23]. And in Europe and the US it has been

understood that there are many patients suffering from social anxiety disorder or social phobia<sup>23</sup>).

There is a discrepancy in the concept of interpersonal fear and social anxiety disorder. Social phobia is divided into tension type interpersonal fear almost equal to social anxiety disorder and confidence type interpersonal fear with related delusions, pre - schizophrenic symptoms (59 ~ 61).

The above case is tense type interpersonal fear, and among social anxiety disorders it is classified as general type, diffuse type.

When generalized social anxiety disorder becomes severe, it is extremely difficult to send social life normally without a benzodiazepine anxiolytic drug [23]. When starting to take benzodiazepine anxiolytics from everyday near "hikikomori", the patient often goes out of "withdrawal" like being resuscitated, it becomes extroverted and brightens frequently.

When a person with a nervous predisposition inherently suffers from some kind of stress of stress, social anxiety disorder develops with some kind of trigger under the stress condition of its intensity, or inherently nervous predisposition Social anxiety disorder develops with some kind of trigger to a person, and even if social anxiety disorder develops to a person who is not inherently nervous predisposition, it will be remitted as temporary, and in case of confidence type interpersonal fear Social anxiety disorder develops and becomes severe with the development and progression of related delusions, I think as above.

And as the foundation of its nervousness slackens, social anxiety disorder also becomes mild. However, it was impossible for people with inherently nervous predisposition to erase the vicious cycle of the condition reflex once formed. However, due to the development of psychopharmacology, it is no longer impossible.

Buspirone is prescribed maximum daily intake of 60 mg in the United States. Moreover, grapefruit, erythromycin, Nefazodone, etc. should be avoided in combination as they inhibit the metabolism of buspirone. We used it in order to raise blood concentrations of buspirone and to extend the efficacy time of buspirone in case it was grapefruit juice, erythromycin, Nefazodone.

The case was a Japanese representative of cycling competition. Therefore, the physical strength was extremely strong, and it is thought that it was strong against the side effect of buspirone. A few years ago, when the patient was visiting our hospital, when I was suffering from a strong

suffering epidemic cold (or influenza), I got a fever of 38 ° C, but I had no effect at all with 10 tablets of loxoprofen sodium, and diclofenac sodium (25 mg tablets) insufficiently antipyretic by ingesting 4 tablets, it was fully restored with 5 tablets of diclofenac sodium and became resting. However, the rest is also over in about 5 hours, and I have the experience that if I do not take 5 tablets of diclofenac sodium again I will suffer from fever. The case caught a cold at the first year of high school, but did not take medication at all, healed with a rest of the day. Since then, it has never suffered from pyrogenic diseases.

Currently, effective drug therapy for social anxiety disorder, phenelzine 1, 26, 27, 30, 45, 55), moclobemide 55), paroxetine 37, 43, 46), fluvoxamine 53), buspirone 13, 29, 39, 54), clonazepam 29, 41 ) And the like have been reported. In France, paroxetine has become the first drug of social anxiety disorder 48). Thus, social anxiety disorder is now recognized as serotonergic abnormality 48).

In addition, phenelzine is considered to be the most effective drug against social anxiety disorder. Even if other drugs are ineffective, it is often said that when you administer phenelzine, you will often see effects. However, phenelzine is an MAO inhibitor, and if you take high tyramine containing diet such as cheese, beer etc., it comes with hypertensive crisis 27), so it is not licensed in Japan.

Van Ameringen M recommends a method (51) to administer buspirone to patients with social anxiety disorder not showing adequate response to SSRIs administration by adding them to SSRIs. However, buspirone has not confirmed significant effectiveness against social anxiety disorder in comparative studies 39).

The change of consciousness will be explained here. Consciousness change is one of consciousness disturbance, contrasted with conscious turbidity. In case

Jackson explained that releasing subordinate functions due to loss of superior functions.

I took a nap at the bed so that it would not seem strange when "seizure" happened, my colleague told me that "my eyes are standing" from the morning and my boss said "I am going to go to a psychiatric hospital today with a break from work and going to a psychiatric hospital "To have some degree of judgment and criticism, such as" It will be hard if you go to psychiatry in this state as it is "and as it is home. Memory is not perfect but there are a lot of things left to a certain extent, and it is

relatively often that no memory exists at all. That the memory does not exist at all seems to occupy almost a third of "seizure". In this state, we are doing car driving everyday, but because it is a serious personality, because I was originally caring for safe driving, I only had a light contact accident of touching a senior car . Also, on the night when a light contact accident occurred, it was a newly built building two years ago while walking in the corridor, but something like adhesive gathered from between the brick and the brick and a very old building in the story What seemed to be. Tatami looked like a lake at dinner with brother-in-law, the houses he visited were floating in places the other day, apartments of a close acquaintance in the same residential area were floating toward the edge of the residential area. Frequent that memory was missing at these times. From these, this patient is presumed to have been in a twilight state from the dreamy state of consciousness transformation when "seizure" [24].

The "seizure" of the case seems to have to be included in the dreamlike state (dreamlike state) 32) in the epileptic seizure, but Janz 21) was the "essential symptom of the dreamlike state" There is no temporary transformation of feeling ". The case is serious and enthusiastic, it can be said that it is a so-called corporate warrior, and although it may be thought that there was no interest in affinity etc., the personality is also very gentle and also a humanist.

The case was progressing on its own on the shoulder of the night that other employees disliked. The night wear on the case ranged from 3 to 4 times a week. It seems that because the case suffered from social anxiety disorder, it was thought that this was going on by himself / herself who was not suffering from social anxiety disorder. It is thought that cases were carrying out escape behavior frequently seen in patients with social anxiety disorder.

Psychotic conditions with pivotal symptoms as the main symptoms and small seizure extensions 4, 8) are possible, but in these "seizures" and in the "seizure" intermittent period, brain waves are totally taken It is not done.

There is still no report showing the condition like this case due to ingestion of buspirone. When this case is mainly in elementary school age, when it is a low grade, in the evening the consciousness becomes dim and the sense of reality dims, the feeling of reality diminishes, in the evening meal, during eating, while dining, with a chopstick held blurred

consciousness impairment seizure or Being suffering from severe head bruises including post-traumatic amnesia for 5 days during university period, which were frequently attacked by what can be thought of as a childless absence epistemic, there are those with psychiatric disorders and their past history in relatives Do not do, considering these, it is considered that there is a high possibility of partial seizure extensions 4, 8).

But universally thinking, this is considered drug-like, "buspirone state of consciousness change due to long-term bulk ingestion". Considering that the state of change of consciousness became frequent and became serious as 1 month, 2 months, 3 months after taking buspirone, it is thought that the receptor which buspirone works is degeneration.

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\* A case of generalized social phobia, he did mass intake of buspirone, he showed confusional state during the intake.

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