"And i shall forge Excalibur."
"and i shall pass it unto you my brethren."
"and thou shalt vanquish the Old Serpent."
"and banish him unto the Bottomless Pit."
"forever and ever."
- Chronicles of Merlin

1. keep love in your heart
2. pray for your enemies specifically 3
3. for their happiness and fulfillment
4. repeat 1-3 as necessary
5. authentic bliss shall fill it

Remember the spirit-killers:
  mistrust
  mis-hope

Without trust, our faith is meaningless.

Without hope, our existence is nil.

Merlin turns to Hope and holds Excalibur between them.
"i was going to give this to your brother Arthur."
"but he has turned away from the Golden Path."
"his mother has been tricked by the Serpent."
"take this in his stead."
"and thou shalt lead the nations."
"unto the stars whence thou belong."
- Chronicles of Merlin