

# **On Lion's Tonic [Number one alternative drug]**

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## **Abstract:**

From the Holy Bible we have an interesting info. that Adam lived for nine hundred and thirty years , the days of Seth were nine hundred and twelve years, Enoch's life time was nine hundred and five years, , all the days of Cainan were nine hundred and ten years, and Mahalalel lived for eight hundred and ninety five years, [**Genesis,5:5, 5:8, 5:11, 5:14 and 5:17**] In those period, there were no pollution. In those days, there were no chemicals and fertilizers for farming. The air was pure, the water was clean. The nature was in favor of good health. But, now a days the scene is entirely different. To live for hundreds of years without any disease, a new natural medicine has been introduced.

**Key words:** Herbs, animals, alternative medicine, lion, to live hundreds of years.

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## **1. Living for a hundred year**

We can live for hundreds of years if we live in a warm climate, take plenty of out door activities, drink pure uncontaminated water, are free from chemicals and additives, eat only natural foods, eat frugally, avoid over eating , eat uncooked food, eat mostly alkaline forming (fruit and vegetables etc) rather than acid producing foods, intake up to 60% fruits, avoid non vegetarian food, Fasting enables the body to cleanse the bloodstream of impurities and toxins. A polluted bloodstream leads to disease and degeneration. A pure bloodstream leads to good health and regeneration - and the maintenance of youth and vitality. Preservation of life force is very important for longer life.

## **2. In search of an alternative drug**

Rich food keeps one fit and healthy. The better out put is possible only if there is a good in put. For example if one consumes excess quantity of fruits, greens and pulses, his/her body organs become stronger and stronger. This keeps one active and prevents diseases. So, the quality of food intake is very essential for better health and a long lifespan. It is well known that the Lion is the King of forest. The largest lion was recorded to be nearly 700 pounds and nearly 11 foot long. The oldest lion on record was nearly 29 years old. A lion's eyesight is five times better than a human being. A lion can hear prey from a mile away. Lions can smell nearby prey and estimate how long it was in the area. A lion's roar can be heard from five miles away. Tigers are so similar to lions that without their coats, their bodies look so similar, only experts can tell them apart. When males join a pride, they usually kill other cubs. Lions can go four days without drinking. There are less than 50 000 lions in the world today. The gestation period is about 110 days. A lion can drink for as long as 20 minutes after eating. A male eats first, even if the female catches the prey. Lions rarely eat an entire prey, leaving the rest for other animals such as vultures. The average lifespan is 13 years. Female lions will copulate on average 3,000 times for each cub that survives for a year.

## **3 .On Lion's Tonic**

The lion's tonic is number one rejuvenation and alternative drug. The basic raw material for this medicine is the bones of an aged lion. Take two pots one smaller and another one bigger made up of clay. Make a tiny hole at the bottom of the bigger pot. Dig a ditch and keep the smaller pot in the ditch. Put lion's bones, the barks of emblic myrobalan and sandalwood in the ratio of 2:1:1 respectively in the bigger pot and put on the smaller pot. Seal the upper part of the bigger pot and also seal the joining part of the smaller and bigger pots. Lay sufficient dung of goat, cow, ass and hare. Then put fire on the dung. After twelve hours, open the pots. One can get the essence of the above mentioned items , i.e lion's tonic in the smaller pot. Preserve this tonic safely.

## **4. The consumption of lion's tonic**

Take equal quantities of cloves, cardamom, tail pepper, dried ginger, calomel and bezoars taken from the stomach of a cow. Grind all these consumer items in to powder. Take 35 gram of this powder and tip it with lion's tonic. Swallow it. Consume this drug morning and night after food.

If one takes this for 41 days, he/she will live for 100 years. If one takes this for 82 days, he/she will live for 100 years. And If one takes this for 123 days, he/she will live for 100 years; and so on. This may seem to be impossible. But without doing any R & D, one is not supposed to raise challenging questions. No judgment before argument. In the history and evolution of science, novel ideas were not accepted or encouraged at the beginning. The proposer has to face several severe opposition and ridicules.

## **5. On the reality of Lion's Tonic**

In most of the countries, hunting wild animals is strictly prohibited as it is a punishable offence. This is the one problem. The another problematic problem is that it is not possible to get the bones of lion in larger quantities. To overcome these two odds, the author proposes to do R & D. The research community has to search for equivalent essence of the lion's bones in herbals and plants. This is scientifically possible. For example, electricity can be generated from water, coal, wind and power plants. Similarly, the medical contents of the lion's bones can be obtained from plants.

## **6. The history of this medical formula**

For more than 30 years, I have been roaming around the thickest forests of Tamil Nadu, Karnataka and Kerala provinces of the southern parts of India. I have approached a number of scheduled tribal, contacted a dozen of Seers and consulted hundreds of naturopathy doctors. The Almighty poured mercy on me and revealed the secrets of this formula through a Sage who is more than 200 years old. I request the research community to start R & D on this topic. The efforts to be dedicated to this proposal will surely cure dangerous diseases like cancer and aids.

## **References**

My 30 years journey into the deep and dense forests for the search and research of this beauty.